MACOMB COUNTY
COMMUNITY MENTAL HEALTH



PSYCHOLOGICAL APPROACHES TO PAIN MANAGEMENT

Presented by: Angela Curtis, MA

Virtual Training Opportunity Pending approval for 2 SW CE's and 1.5 CDTS hours

9:00am-11:00am
May 17th
or
October 25th

Please Register on our website

Training Description:

This training covers pain measurement, the effects of pain in the brain, mindfulness techniques and discussion about mindfulness meditation and it's positive effect on children.

Training Objectives:

- Facts about Pain Catastrophizing
- What Causes Pain
- The Fifth Vital Sign /Pain Measurement
- History of pain and medication for pain
- Medication Addiction, differences of opiates/opioids
- Non-Drug Evidenced Based Treatments (adult and children)

Macomb County Community Mental Health programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board. MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.