MCCMH Invites you to attend

MIND AND BODY CONNECTION

Presented by Angela Curtis MA



VIRTUAL TRAINING OPPORTUNITY
9:00AM-11:00AM

FEBRUARY 17TH
JULY 20TH
DECEMBER 6TH

This course will describe the mind and body connection, and the effects of a person's thoughts, attitudes, and behaviors on their physical health.

Please Register on our website

PENDING APPROVAL FOR 2 SW CE'S & 2 CDTS HOURS

Macomb County Community Mental Health programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board. MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.