MACOMB COUNTY
COMMUNITY MENTAL HEALTH

MOTIVATIONAL INTERVIEWING

Refresher

Presented by Danyelle Dobbins MA,LPC

COURSE DESCRIPTION:

This skills-based refresher course on Motivational Interviewing (MI) balances clinical theory with hands-on practice, providing a "refresher" on the skills needed to effectively guide clients through ambivalence and spark meaningful behavior change. This session will review the foundational principles and spirit of MI, helping participants better understand ambivalence and recognize and evoke change talk. Participants will have an opportunity to apply core MI communication skills through guided practice and reflection.



IN-PERSON TRAINING 9:00A-11:30A

APPROVED FOR 2 SOCIAL WORK CE'S AND PENDING FOR 2 MCBAP HOURS

January 6th **August 17th**
May 20th **November 19th**

MCCMH West
6555 15 Mile Rd. Sterling Heights, MI 48312

Please Register on our website

Macomb County Community Mental Health programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board. MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.