Presents

Mental Health FIRST AID

from NATIONAL COUNCIL FOR MENTAL WELLBEING



PUBLIC WELCOME

NON-CLINICAL TRAINING

PROVIDERS WELCOME

Trainings hosted at two locatons:

Macomb Intermediate School District (MISD)
44001 Garfield Road, Clinton Township, MI

MCCMH West
6555 15 Mile Rd. Sterling Heights, MI

All Trainings will go 9:00am-5:00pm

Mental Health First Aid is a course that teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders. The training gives you the skills to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.

ADULT COURSES (FOR INDIVIDUALS HELPING ADULTS)

February 25th MISD room 103 A/B
April 14th MCCMH West
May 17th MCCMH West
July 13th MISD Room 103 A/B
August 18th MCCMH West
September 20th MISD Room 200

YOUTH COURSES (FOR INDIVIDUALS HELPING CHILDREN)

March 9th MISD Room 100A
June 17th MCCMH West

Please email the training office to register at Traininoffice@mccmh.net

Macomb County Community Mental Health programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board. MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.