



MACOMB COUNTY
COMMUNITY MENTAL HEALTH

What to do in a Behavioral Health or Substance Use Crisis



911 vs. 988

911: For immediate emergencies like medical, fire, or crimes in progress.



988 Suicide & Crisis Lifeline:

For mental health crises, including suicidal thoughts, self-harm, emotional distress, and substance use concerns. Provides free, confidential support and connects callers to local resources.

Macomb County Community Mental Health (MCCMH) serves as the local 988 Call Center for Macomb County residents. Call the MCCMH Crisis Line for 24/7 support: 586-307-9100

Substance Use Engagement Center

The Substance Use Engagement Center is a short-term crisis intervention facility that provides a supervised, supportive setting for individuals with substance use disorders. Individuals are provided with a safe place to have a meal, take a shower, and talk to caring staff. Services are typically provided by Peer Recovery Coaches.

The MCCMH Engagement Center is available 24/7 for individuals with recent substance use or who are at risk of relapse.

Please call the Crisis Center for a screening and referral to the Engagement Center.



38300 Van Dyke, Suite 101
Sterling Heights, MI 48312
Crisis Line: 586-307-9100

Mobile Crisis Services

MCCMH's Mobile Crisis Services assist children and adults in Macomb County experiencing mental health crises, including suicidal thoughts, self-harm, and situations where they pose a risk to themselves or others.

To reach the Mobile Crisis Team, call the MCCMH Crisis Line at **586-307-9100** and ask for the Mobile Crisis Therapist. They can assess the situation over the phone, help access services, and arrive on-scene within an hour when needed, in coordination with law enforcement.

Adult and Children's Mobile Crisis Services are available 24/7.

Same Day Access at Behavioral Health Urgent Care Clinics

Individuals in need of mental health or substance use disorder services (crisis or non-crisis) can access same-day services and intake with a walk-in assessment at the following locations, Monday through Friday, from 8:30 a.m. to 3 p.m.:

MCCMH North

43740 North Groesbeck Hwy.
Clinton Township, MI 48036
586-469-7629

*Available for walk-ins until 5 p.m. on Wednesdays

MCCMH East

25401 Harper Ave.
St. Clair Shores, MI 48081
586-466-6912



To find additional community resources and support, scan the QR code.

Call MCCMH's Customer Service Line for non-emergency assistance Monday through Friday from 8 a.m. to 8 p.m.: 855-99-MCCMH (855-996-2264)



mccmh.net



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