



**MEMORANDUM**

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**DATE:** March 30, 2026  
**TO:** MCCMH-SUD Contracted Treatment Providers  
**FROM:** Teresa Crosby, Substance Use Coordinator  
**RE:** Plans of Safe Care

MDHHS has communicated information related to the implementation of Plans of Safe Care (POSC) in alignment with federal and state guidelines.

**What is POSC?**

- POSC is a documented, supportive plan developed with pregnant or postpartum individuals and their families when prenatal substance exposure is identified. The purpose of POSC is to connect families to substance use treatment, services, and support early to promote safety, stability, and well-being. POSC is intended to be a supportive, preventive intervention and is not automatically a CPS report.

**Who is eligible for a Plan of Safe Care?**

- POSC applies to:
  - Individuals who are pregnant, including expecting partners
  - Individuals and families with a child up to one year postpartum

**Who should complete a Plan of Safe Care?**

- All MCCMH SUD-contracted providers who have direct contact with pregnant, expecting, or postpartum individuals and families, especially Women's Specialty Service providers, are encouraged to implement POSC as applicable.

*(continued)*

**MCCMH Mission Statement**

Macomb County Community Mental Health, guided by the values, strengths, and informed choices of the people we serve, provides quality services which promote recovery, community participation, self-sufficiency, and independence.



## **Training**

- Completion of MDHHS training is recommended for applicable staff.
- Many healthcare providers across the state have already implemented POSC. Providers should maintain a working understanding of the process to effectively support and coordinate care for individuals or families with an existing plan.

## **Additional Information**

- This communication is intended to provide a general overview of POSC. Additional information can be found below:
    - MDHHS e-mail: [plansofsafecare@michigan.gov](mailto:plansofsafecare@michigan.gov)
    - Website: [MDHHS Plan of Safe Care Website](#)
    - POSC Template: [MDHHS Plan of Safe Care Template PDF](#)
- If you have any specific questions that are at the MCCMH-SUD level regarding POSC, please contact Teresa Crosby at [Teresa.crobsy@mccmh.net](mailto:Teresa.crobsy@mccmh.net).