

**43740 North Groesbeck
Highway
Clinton Township, MI 48036**

Walk-In Hours

Monday, Tuesday, Thursday, and
Friday: 8:30 a.m. to 3 p.m.

Wednesday: 8:30 a.m. to 5 p.m.

Hours of Operation

Monday, Tuesday, Thursday, and
Friday: 8:30 a.m. to 5 p.m.

Wednesday: 8:30 a.m. to 7 p.m.

Please bring your insurance card(s), valid
ID showing your current address, and
proof of income to walk-in appointments.

Call **855-99-MCCMH (855-996-2264)**
to learn more about our services or to
schedule an appointment.

The MCCMH Crisis Line is available for
24/7 assistance: **586-307-9100**



MACOMB COUNTY
COMMUNITY MENTAL HEALTH

Macomb County Community Mental Health
programs and services are supported and funded,
in part, by the Michigan Department of Health and
Human Services (MDHHS). MCCMH is accredited by
the Commission on Accreditation of Rehabilitation
Facilities (CARF) and operates under the direction of
the Macomb County Board of Commissioners and the
Macomb County Community Mental Health Board.

MCCMH centers are barrier-free, and offer TTY
access, American Sign Language communication,
and other language translations.



mccmh.net



@wearemccmh



MCCMH North

Services and support for individuals and families

MCCMH North is dedicated to supporting
the well-being of individuals and families.
The North location provides a variety of
services for mental health, substance
use, and intellectual and developmental
disabilities (I/DD), including:

- **Walk-in screenings** to identify the
services needed.
- **Intake assessments** conducted by a
mental health professional to gather
essential information about background
and functioning.
- **Case management** to coordinate
community-based services that provide
quality mental health care.
- **Psychiatric evaluations** to identify
problems and formulate diagnoses to
best treat conditions.
- **Outpatient treatment** options such as
therapy and counseling provide support
for mental health concerns.
- **Medication reviews** promote safe and
effective medication use to improve
treatment outcomes.
- **Assessment and planning** for specialty
services such as community living
supports, specialized residential services,
respite care, and more.

MCCMH North also offers the following individual and group programs:

Adult and Adolescent Dialectical Behavior Therapy (DBT) uses one-on-one and group therapy to help people manage their emotions, communicate better, and build self-esteem.

Peer Support Specialists offer hope by sharing advice, support, and helpful information. They use their own experiences with mental health to show that recovery is possible.

Recovery Groups support adults with severe mental illness and substance use challenges. In these groups, people talk about stress, coping skills, and topics related to mental health and substance use.

Family Psychoeducation (FPE) Groups help families navigate mental illness by building support networks and teaching problem-solving, communication, and coping skills.

Healthy Lifestyle Groups are led by a registered nurse or peer support professional. They cover health and wellness topics like relaxation, exercise, nutrition, cooking, and quitting smoking.

The **Veteran Navigator** helps veterans and their families find available community, state, and federal resources, including those from the Department of Veteran Affairs.

We also offer integrated care services to address both physical and mental health:

- **MyCare Health Center** delivers medical, dental, and behavioral health services for all ages and insurance statuses.
- **Genoa Healthcare** provides customized pharmacy care for people living with mental health, HIV/AIDS, assisted living, and other complex conditions.

A Certified Community Behavioral Health Clinic

MCCMH North supports the community as a Certified Community Behavioral Health Clinic (CCBHC). Through an integrated model of care, we offer a wide range of behavioral health services for people diagnosed with mental health and/or substance use disorders.

MCCMH accepts all insurance plans, including Medicaid, Medicare, and private insurance. We also serve those without insurance. A sliding fee scale is available for those who qualify, based on income and family size.

