

MOTIVATIONAL INTERVIEWING

Presented by: Randy Estes, LMSW, CAADC, CCS

IN-PERSON

8:30a-4:30p

**Monday
March 16th**

**Monday
May 11th**

**Monday
August 17th**

**MCCMH West-
Training Office
6555 15 Mile Rd,
Sterling Hts., 48312**



VIRTUAL

8:30a-4:30p

**Thursday
January 15th**

**Tuesday
September
29th**

**Training link will be
sent out via email 1-2
business days prior
to training date.**

Training Objectives:

- Participants will develop a personal working definition of MI
- Participants will understand the theoretical foundation and evidenced based support of MI
- Participants will identify professional helping skills that directly correlate with healthy behavior change.
- Participants will experience demonstrations of MI style, spirit, and skill sets.
- Participants will practice MI style, spirit, and skill sets.
- Participants will demonstrate active listening skills.

**Please follow the link on
our website to register.**

