



# Intensive Crisis Stabilization Program

## Specialized care in times of crisis

The Intensive Crisis Stabilization Program (ICSP) provides outpatient support and treatment for adults experiencing a crisis.

This program is:

- A hospital diversion program
- An option for people experiencing a severe psychiatric crisis
- An option for people recently discharged from an inpatient setting

These services are designed for people who can live in the community with some support. The ICSP Treatment Team includes a psychiatrist, a master's-level therapist, a nurse, a case manager, a peer support partner, and a supervisor.

Services are provided several times a week, either in an office or in the community. On days without an in-person visit, a member of the ICSP Treatment Team will reach out to individuals by phone. Individuals receiving services can contact the ICSP anytime, 24 hours a day, seven days a week.

MCCMH must provide a referral for participation. The hospital will supply the individual with initial medication(s) and a clinical packet for the program. Transportation is available to those who have no other means, as needed.

## You are not alone; MCCMH is here to help.

MCCMH has services and programs that address mental and physical health issues and challenges.

Referrals are accepted from the local hospital's Emergency Department or from step-down admissions after inpatient stays.

**Call 855-99-MCCMH (1-855-996-2264) to learn more.**

**For 24/7 support, call our Crisis Line at 586-307-9100.**



**MACOMB COUNTY**  
COMMUNITY MENTAL HEALTH

Macomb County Community Mental Health programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board.

MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.



[mccmh.net](http://mccmh.net)



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