

# **2026 First Aid & CPR**

**This training is for ALL staff: Direct-operated program staff & contract agency staff**

**TO REGISTER: Email the following information to the Training Office at [TrainingOffice@mccmh.net](mailto:TrainingOffice@mccmh.net)**

- Full Name
- Name of your employer/contracted provider
- Your email address

## **WHEN**

**January: 5, 9, 13, 15, 21, 23, 26, 27, 28, 29**

**February: 2, 3, 4, 5, 9, 11, 12, 17, 18, 20, 23, 25**

**March: 6, 9, 10, 11, 13, 18, 23, 24, 27**

**April: 2, 8, 14, 17, 20, 28**

**WHERE: MCCMH West, Training Office  
6555 15 Mile Rd.  
Sterling Heights, MI 48312**

***Sign-in begins from 8:30AM-9:00AM.***  
***All trainings will start promptly at 9:00 AM-1:00 PM***

Training is through the American Heart Association curriculum and compliant with the AHA training fidelity. Individuals will receive an AHA certification card upon their successful completion of the First Aid and CPR courses. Topics are not offered separately and trainees must complete both sections to receive cards. Cards will be distributed electronically and an email must be provided.



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COMMUNITY MENTAL HEALTH