



Macomb County Community Mental Health is pleased to offer

## Play Therapy Training Series

Presented by: Laura W. Hutchinson, PsyD, RPT/S

This training series offers several introductory training courses discussing various aspects of Play Therapy. From learning how to host a Play Therapy session virtually to learning how to help children identify and cope with emotions using play; each session will present information on techniques and interventions used in Play Therapy.

The following workshops will be offered as part of this series:

### Creating Space for Play: IRL and Virtual

February 19th 1p-4p (Virtual)

#### Helping Kids Cope with Anger Feelings through Play Therapy

May 7th 9am-12pm (In-person)

#### Confidence Corner: Building Kids Self-esteem through Play Therapy

June 5th 10am-12pm (In-person)

#### Worry Wonders: Taming Anxiety thru Play Therapy

May 7th 1pm-4pm (In-person)

#### Why Can't We Be Friends: Helping Kids with Social Navigation through Play Therapy

June 5th 1pm-3pm (In-person)



Approved for  
2-3 SW CE and CDTs  
Hrs. based on session  
length  
Approved Provider  
# MiCEC-0038

**MCCMH West**  
6555 15 Mile Road  
Sterling Heights, MI  
48315

You may register for any or all  
of the trainings.  
**CE's are dependent on the  
length of the workshop.**

To register, please  
follow the link on the  
[Training Website](#)

# Workshop Descriptions

<p><b>Creating Space for Play: IRL and Virtual</b></p> <p>February 19th 1p-4p (Virtual)</p>	<p>This presentation is for beginning play therapists. It will begin by looking at materials/toys that are needed in a non-directive play therapy room, how to set up a play room, maintenance, as well as places you can obtain the items. In addition, it will cover working virtually with clients through TeleHealth.</p>
<p><b>Helping Kids Cope with Anger Feelings through Play Therapy</b></p> <p>May 7th 9am-12pm (In-person)</p>	<p>Participants will learn different play therapy activities to help clients recognize, understand, label, appropriately express, and regulate anger. A majority of the workshop will be spent learning about different hands-on and virtual play therapy activities through demonstration and active participation. We will also discuss what populations and diagnoses the activities work best.</p>
<p><b>Worry Wonders: Taming Anxiety thru Play Therapy</b></p> <p>May 7th 1pm-4pm (In-person)</p>	<p>Participants will learn different play therapy activities to help clients recognize, understand, label, appropriately express, and regulate anxiety. A majority of the workshop will be spent learning about different hands-on and virtual play therapy activities through demonstration and active participation. We will also discuss what populations and diagnoses the activities work best.</p>
<p><b>Confidence Corner: Building Kids Self-esteem through Play Therapy</b></p> <p>June 5th 10am-12pm (In-person)</p>	<p>Participants will learn different activities to help clients increase their self-esteem through the power of play therapy. A majority of the workshop will be spent learning about different hands-on and virtual play therapy activities through demonstration and active participation. We will also discuss what populations and diagnoses the activities work best.</p>
<p><b>Why Can't We Be Friends: Helping Kids with Social Navigation through Play Therapy</b></p> <p>June 5th 1pm-3pm (In-person)</p>	<p>Participants will learn different activities to help clients learn age appropriate social navigation through play therapy. A majority of the workshop will be spent learning about different hands-on and virtual play therapy activities through demonstration and active participation. We will also discuss what populations and diagnoses the activities work best.</p>

You may register for any or all of the trainings.

To register, please follow the link on the  
[Training Website](#)