

988 Suicide & Crisis Lifeline



The 988 Suicide and Crisis Lifeline is available via call, text, or chat - 24 hours a day, 365 days a year. Simply call or text 988 or visit 988lifeline.org to start a chat session.

Veterans: Call 988 and press 1
Spanish-Speakers: Call 988 and press 2
Deaf/Hard of Hearing: Call 988 with a VP number or connect through the 988 web portal



MACOMB COUNTY
COMMUNITY MENTAL HEALTH

Macomb County Community Mental Health programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board.

MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.

 mccmh.net



@wearemccmh



Crisis Services

**Help when you
need it the most**

You are not alone – we are here for you.

If you or someone you know is facing a mental health crisis, call the MCCMH Crisis Line at **586-307-9100** for free, confidential support. We provide immediate assistance to those experiencing suicidal thoughts, substance use challenges, mental health crises, or any type of emotional distress. Translation services are available for anyone who needs them. The MCCMH Crisis Line is available 24/7.





In addition to support over the phone, our caring and experienced crisis team can offer:

Mobile Crisis Services: Our mobile crisis services provide on-site support for children and adults in Macomb County facing a mental health crisis. To request the mobile crisis team, please call **586-307-9100** and ask for a Mobile Crisis Therapist.

Substance Use Engagement Center: The Substance Use Engagement Center is a short-term crisis intervention facility that provides a supervised, supportive setting for individuals with substance use disorders.

Services are available 24 hours a day, 7 days a week. Please call the Crisis Center for a screening and referral to the Engagement Center.

Walk-in crisis services: If you need in-person assistance during a crisis, walk-in evaluations are available Monday through Friday between 8:30 a.m. and 3 p.m. at the following locations:

MCCMH North

43740 North Groesbeck Highway,
Clinton Township 48036
*Open until 5 p.m. on
Wednesdays

MCCMH East

25401 Harper Avenue,
St. Clair Shores 48081

Same-day or next-day services:

We provide same-day or next-day appointments for those in crisis. To request an appointment, please call us at **855-99-MCCMH (586-996-2264)** between 8 a.m. and 8 p.m., Monday through Friday.

