## Psychological Approaches to Pain

Presented By: Angela Curtis, MA

This PowerPoint covers pain measurement, the effects of pain in the brain, mindfulness techniques and discussion about mindfulness meditation and it's positive effect on children.

## **Training Objectives:**

- Facts about Pain Catastrophizing
- What Causes Pain
- The Fifth Vital Sign /Pain Measurement
- History of pain and medication for pain
- Medication Addiction, differences of opiates/opioids
- Non-Drug Evidenced Based Treatments (adult and children)





WHEN 9:00A—11:00A

**February 19th** 

June 10th

\*VIRTUAL\*

Training link will be sent out via email 1-2 business days prior to training date.

REGISTRATION REQUIRED

TO REGISTER, FOLLOW THE LINK ON THE TRAINING WEBSITE