Approved for 6.0 MCBAP Hrs & 6.0 SW CE Hours MiCEC-0038

**Macomb County Community Mental Health Presents:** 

#### MOTIVATIONAL INTERVIEWING

Presented by: Randy Estes, LMSW, CAADC, CCS

#### **IN-PERSON**

8:30a-4:30p

## **Monday** March 16th

**Monday** May 11th

# **Monday** August 17th

**MCCMH West-Training Office** 6555 15 Mile Rd. Sterling Hts., 48312

### **VIRTUAL**

8:30a-4:30p

# **Thursday** January 15th

**Tuesday** September **29th** 

Training link will be sent out via email 1-2 to training date.

#### Training Objectives:

- Participants will develop a personal working definition of MI
- Participants will understand theoretical foundation and denced based support of MI
- Participants will identify professional helping skills that directly correlate with healthy behavior change.
- **Participants** will experience demonstrations of MI style, spirit, and skill sets.
- Participants will practice MI style, spirit, and skill sets.
- Participants will demonstrate active listening skills.

Please follow the link on our website to register.

