

Grieving and Solution -Focused Brief Therapy and Practices 2026

Approved for
2.0 CDTs
(Children's)
Hours
2.0 SW CE

Presented By: Angela Curtis, MA

When:
9:00a-11:00a

**Choose from
one of the dates
below:**

5/28/26

9/16/26

12/26/26

Through this course you will learn the differences in types of grieving including cultural and complex aspects, history of grief treatment, DSM-5-definition of grieving and complex grieving, and effects of grieving on the brain. SFBT techniques will be described for use in Person Centered Planning for youth and adults. Contraindications are identified for use of SFBT for SMI individuals.

Training Objectives:

- To learn the different types of grieving.
- Be able to differentiate between grieving, complex grieving, and depression.
- To identify Solution Focused Brief Therapy techniques for application in person-centered planning.

VIRTUAL

Training link will be sent
out via email 1-2 business
days prior to training date.



Please follow the link on the

