

Principles and Applications of Cognitive Behavioral Therapy

Presented by Angela Curtis MA

This virtual course explores the history of CBT, provides a skills overview, a general discussion of practical application to various populations, and discusses how to write an effective Person-Centered Plan to include CBT practice.

Course Objectives:

- 1) Explore the history of CBT
- 2) Review different skills and modalities of CBT
- 3) Discussion of practical application of CBT practice with various populations
- 4) Include CBT in PCP's



WHEN

9:00A-11:00A

Wednesday

4/29/26

Wednesday

8/26/26

VIRTUAL

Training link will be sent out via email 1-2 business days prior to training date.

VISIT OUR WEBSITE TO REGISTER!

