** MACOMB COUNTY COMMUNITY MENTAL HEALTH/SUBSTANCE USE SERVICES**

**FY26 PREVENTION PROGRAMS**

**CONTRACTED PROVIDERS**

**Alcohol Highway Safety Program –** Contact Chris Drummy (586) 293-5880

**CARE of Southeastern Michigan** – Contact Kayla Dadswell (586) 541-2273

**Clinton Counseling Center Jail Program –** Contact Sue DeMara (586) 307-9570

**Macomb Family Services** – Contact Steffanie Boudreau-Thomas (586) 649-3951

***Please note:***

*For school curriculum North of Hall Road, contact Macomb Family Services*

*For school curriculum South of Hall Road, contact Care of Southeastern Michigan or Alcohol Highway Safety*

**YOUTH PROGRAMS**

**AFTER SCHOOL PROGRAMMING**

**ALTERNATIVE TO SUSPENSION/EARLY INTERVENTION**

**K – 12 EDUCATION AND SKILL BUILDING**

**SUMMER PROGRAMS**

**ADULT PROGRAMS**

**FETAL ALCOHOL SYNDROME (FASD)**

**OPIOID EDUCATION AND NARCAN DISTRIBUTION**

**PARENTING**

**PRESENTATIONS for adults and professionals**

**RECOVERY ADVOCACY GROUP**

**SAFETY/TRAUMA**

**ADULT PROGRAMS**

**FETAL ALCOHOL SYNDROME (FASD)**

**CARE OF SOUTHEASTERN MICHIGAN** ……………………………………………………………………………………………………………………….… (586) 541-2273

**FASD Presentations to College Students** –One-time presentation to increase the perception of risk of alcohol, tobacco, and other drugs during pregnancy and increase FASD awareness among women of child-bearing years.

**FASD Project Choices Program** – Three session program for at-risk individuals who have positive screen for either at risk drinking or an alcohol exposed pregnancy.

**OPIOID EDUCATION AND NARCAN DISTRIBUTION**

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**Narcan Training** - Participants learn how to effectively administer Narcan and each participant receives a free Narcan kit at the end of their training session.

**CLINTON COUNSELING CENTER** ……………………………………………………………………………………………………………………….......….… (586) 307-9570

**Narcan Basics** --A 45-minute presentation on opioid overdose rescue skills and community resources for ongoing help. Free Narcan kit provided.

**Narcan and Addiction Education** –A 90-minute presentation on addiction awareness, overdose prevention training, medication safety training, and provides local resources for ongoing help. Free locking medication pouch and Narcan kit provided.

**NOPE/NOPE PRO** –One-time presentation educating professionals, coalitions, and community members about signs of overdose, disposal of medications, and what is addiction. Narcan kits will be given to participants.

**PARENTING**

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**Active Parenting** - Four-to-six-week program for parents of young children, school-aged children, or teens, learning ideas on encouraging personal responsibility, self-respect, respectfulness, and age-appropriate discipline.

**Nurturing Parenting Program** – A 9-week curriculum that consists of discussions, role-plays, and audiovisual exercises. This program helps parents learn new patterns of parenting.

**Parenting Conference** (Annual) – Spend the day learning new skills and resources that will help you and the children in your life!

**Parenting Presentation** –One-time presentation on a variety of parenting topics.

**PRESENTATIONS FOR ADULTS/PROFESSIONALS**

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**Current Drug Trends** – One time presentation that provides information on current drug trends and evidence-based research.

**Get Connected** – Linking Older Adults with resources on medication, alcohol, and mental health.

**Substance Use Disorder Information** –One-time presentations on addiction, stigma and messaging, vaping and other drug use.

**RECOVERY ADVOCACY GROUP**

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**Project Vox** -Works to influence public policy and support substance use disorder prevention and treatment programs. These efforts include stigma reduction and messaging training, Narcan education, how to share a recovery story, and a variety of social activities that bring together people in recovery.

**SAFETY/TRAUMA**

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**Seeking Safety** -a present-focused model to help people attain safety from trauma and/or substance abuse, without requiring participants to share their trauma narrative. This is an on-going, weekly drop-in group that addresses safety as the overarching goal, including safety in relationships, thinking, behavior, and emotions. It acknowledges that trauma can contribute to substance abuse, and addresses post traumatic stress disorder (PTSD), behavioral responses, and emotional responses.

**YOUTH PROGRAMS**

**AFTER SCHOOL PROGRAMMING**

**MACOMB FAMILY SERVICES** ……………………………………………………………………………………………………………………..……………….. (586) 649-3951

**Overcoming Obstacles** -AK-12curriculum that teaches students how to communicate effectively, achieve meaningful goals, make good decisions, resolve conflicts, respect one another, and more.

**Project Alert** – The lessons in the Project Alert program center on norms, beliefs about drugs, ways to deal with stress, and resisting pressures to use.

**ALTERNATIVE TO SUSPENSION/EARLY INTERVENTION PROGRAMS**

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**INDEPTH** - The American Lung Association’s INDEPTH® (Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health) program is an alternative to suspension or citation program that is offered as an option to students who face suspension for violation of school tobacco use policies.

**Prime for Life** -An 8-week curriculum that helps foster attitudes, beliefs, and understanding that helps people reduce risk for any type of alcohol or drug problem. It also creates a unique self-assessment experience to help people be more aware of what they value, what they are risking, and how to protect the things that mean the most in their lives.

**MACOMB FAMILY SERVICES** …………………………………………………………………………………………………………………………..……..…… (586) 649-3951

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**ALCOHOL HIGHWAY SAFETY**.……………………………………………………………………………………………………………………………………….. (586) 293-5880

**Life Skills** - **Transitions** - A curriculum targeting the use of substances (tobacco, alcohol, and marijuana) and violence. The program provides students with training in personal self-management, social skills, and social resistance skills.

**K – 12 EDUCATION AND SKILL BUILDING**

**ALCOHOL HIGHWAY SAFETY**.……………………………………………………………………………………………………………………………………….. (586) 293-5880

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**CARE OF SOUTHEASTERN MICHIGAN** …………………………………………………………………………………………………………………………..(586) 541-2273

**Botvin Life Skills Training –** for Elementary, Middle and High Schools - An 8-week curriculum targeting the use of substances (tobacco, alcohol, and marijuana) and violence. The program provides students with training in personal self-management, social skills, and social resistance skills.

**Paper People** - an 8-week series provided to preschool, kindergarten, and 1st grade students in Macomb County. Paper People teaches youth the difference between good and bad things that they put in their body, what a trusting adult is, how to take care of themselves, and the dangers of alcohol, tobacco, and other drugs. Additionally, children are informed at a developmentally appropriate level about emerging drug and safety trends, gun/needle safety, and when and how to call 911.

**Peaceful Alternatives to Tough Situations** - Six-week curriculum for youth experiencing difficulties because of their inability to manage their anger.

**Too Good for Drugs** – A 6–8-week program geared toward building a child’s self-esteem, so as they grow, they will care enough to makes healthy choices and stay safe. The harmful aspects of ATOD use is discussed as well.

**MACOMB FAMILY SERVICES** ……………………………………………………………………………………………………………..…………………………. (586) 649-3951

**Anger Management – Building Personal Power** -An 8-session violence prevention program that will help young people to develop the self-control needed to effectively manage anger.

**Botvin Life Skills Training** - School-based prevention program that teaches students personal and social skills to help them resist peer pressure, make healthy choices, and avoid risky behaviors like drug and alcohol use.

**Overcoming Obstacles** -AK-12curriculum that teaches students how to communicate effectively, achieve meaningful goals, make good decisions, resolve conflicts, respect one another, and more.

**Protecting You Protecting Me** -An 8-weekcurriculum delivered to 5th grade students who are making a transition to their middle school years. Participants learn the science of the brain, how alcohol and other drugs affect brain chemistry, understand the influence of peers, learn the importance of role models, and practice resistance skills.

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**SUMMER PROGRAMS**

**CARE OF SOUTHEASTERN MICHIGAN** ………………………………………………………………………………………………………………………….. (586) 541-2273

**Camp CARE Summer Camp** -For children impacted by a loved one’s addiction. Participants will learn coping and life skills. A concurrent parent group runs at the same time.

**Leadership Camps** – A 5-session program, Leadership Camp activities help increase resiliency, self-esteem, and team building to empower students to be leaders in their communities.

**MACOMB FAMILY SERVICES** …………………………………………………………………………………………………………………………………...….. (586) 649-3951

**Summer Camps -** Using age-appropriate, evidence-based curriculum, participants will learn how to make healthy choices and resist pressures to use alcohol, tobacco and other drugs. This program is offered through the Summer Enrichment programs in the Romeo and Richmond area, as well as at Haven Place.