

BASIC- SOLUTION-FOCUSED SKILLS AND PRACTICE FOR AGENCIES

12 CE CREDIT/CLOCK HOURS



INSTITUTE *for* SOLUTION-FOCUSED THERAPY



COURSE INSTRUCTOR: ANNE BODMER LUTZ, BSN, MD

ANNE IS THE DIRECTOR OF THE INSTITUTE FOR SOLUTION-FOCUSED THERAPY. SHE WAS TRAINED BY THE FOUNDERS OF THIS APPROACH, INSOO KIM BERG AND STEVE DE SHAZER. SHE IS A BOARD CERTIFIED CHILD, ADOLESCENT AND ADULT PSYCHIATRIST, AN ASSISTANT PROFESSOR AT THE UNIVERSITY OF MASSACHUSETTS AND WAS A NURSE PRIOR TO BECOMING A PHYSICIAN. SHE IS THE AUTHOR OF THE SOLUTION-FOCUSED MINDSET FOR ANXIETY AND DEPRESSION: A WORKBOOK TO MANAGE EMOTIONS, HARNESS YOUR STRENGTHS AND FEEL BETTER NOW AND LEARNING SOLUTION-FOCUSED THERAPY: AN ILLUSTRATED GUIDE THAT INCLUDES 30 DEMONSTRATION VIDEOS.

COURSE DESCRIPTION: THE MOST EFFECTIVE WAY FOR PRACTITIONERS TO LEARN SOLUTION-FOCUSED SKILLS IS THROUGH GUIDED PRACTICE. THIS COURSE IS DESIGNED TO PROVIDE OPPORTUNITIES TO LEARN AND PRACTICE THE CORE SOLUTION-FOCUSED SKILLS UNDER THE GUIDANCE OF A MASTER SOLUTION-FOCUSED PRACTITIONER AND TRAINER. PARTICIPANTS WILL LEARN HOW TO FORMULATE AND APPLY SOLUTION-FOCUSED LANGUAGE IN DIVERSE SETTINGS. THIS COURSE INCLUDES 12 HOURS OF LIVE INTERACTIVE TEACHING DIVIDED INTO 3 DAYS - 4 HOURS ON EACH DAY.

FOR FULL COURSE INFORMATION:

CLICK HERE: [HTTPS://SOLUTIONFOCUSED.NET/
SOLUTION-FOCUSED-SKILLS-PRACTICE-AGENCIES/](https://solutionfocused.net/solution-focused-skills-practice-agencies/)

TARGET AUDIENCE: SOCIAL WORKERS,
PSYCHOLOGISTS, MENTAL HEALTH COUNSELORS,
EDUCATORS, AND MEDICAL
PROFESSIONALS

**APPROPRIATE FOR ALL LEVELS OF
KNOWLEDGE**

DATES: 2025

AUGUST 5TH

AUGUST 6TH

AUGUST 7TH

TIME: 9AM-1PM

PRE-REGISTRATION:

[HTTPS://COURSES.SOLUTIONFOCUSED.NET/COURSES/COPY-OF-
ERIE-FAMILY-HEALTH-BASIC-SOLUTION-FOCUSED-SKILLS-AND-
PRACTICE-FOR-AGENCIES](https://courses.solutionfocused.net/courses/copy-of-erie-family-health-basic-solution-focused-skills-and-practice-for-agencies)

LIVE ONLINE VIA ZOOM

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