





## Institute for Solution-Focused Therapy



## COURSE INSTRUCTOR: ANNE BODMER LUTZ, BSN, MD

DR. ANNE LUTZ IS A BOARD-CERTIFIED CHILD AND ADOLESCENT PSYCHIATRIST WITH OVER 30 YEARS OF CLINICAL EXPERIENCE. TRAINED BY THE FOUNDERS OF SFBT, INSOO KIM BERG AND STEVE DE SHAZER, SHE BEGAN HER CAREER AS A NURSE. SHE AS AN ASSISTANT PROFESSOR AT THE UNIVERSITY OF MASSACHUSETTS AND THE AUTHOR OF TWO WIDELY USED RESOURCES: LEARNING SOLUTION-FOCUSED THERAPY: AN ILLUSTRATED GUIDE (WITH 30 VIDEO DEMONSTRATIONS) AND THE SOLUTION-FOCUSED MINDSET FOR ANXIETY AND DEPRESSION (A PRACTICAL SELF-HELP WORKBOOK) DR. LUTZ ALSO AUTHORS AND TEACHES SEVERAL EVIDENCE-BASED, LIVE AND SELF-PACED ONLINE COURSES THROUGH THE INSTITUTE FOR SOLUTION-FOCUSED THERAPY.

COURSE DESCRIPTION: This 12-hour live online course builds advanced Solution-Focused skills through observation, guided practice, breakout sessions, role-plays, and case consultation. Clinicians strengthen use of client language and effective questions while applying core elements of the model to trauma, grief, families, schools, and complex cases. Skills are customized to your team's unique clinical context to build confidence and competence.

## FOR FULL COURSE INFORMATION:

CLICK HERE: HTTPS://SOLUTIONFOCUSED.NET/SOLUTION-FOCUSED-SKILLS-PRACTICE-AGENCIES/

TARGET AUDIENCE: SOCIAL WORKERS,
PSYCHOLOGISTS, MENTAL HEALTH COUNSELORS,
EDUCATORS, AND MEDICAL
PROFESSIONALS

APPROPRIATE FOR INTERMEDIATE AND ADVANCED OF KNOWLEDGE

**DATE:SEPTEMBER** 16TH, 17TH, 18TH 2025

TIME: 9AM-1PM

ZOOM LINK: https://us06web.zoom.us/meeting/

REGISTER/XXYFZUGQTA2MVP2IVNKM5Q

PRE-REGISTRATION:

HTTPS://COURSES.SOLUTIONFOCUSED.NET/COURSES/COPY-OF-NY-EAP-ADVANCED-SOLUTION-FOCUSED-SKILLS-AND-PRACTICE-FOR-AGENCIES

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FOR MORE INFORMATION ON CONTINUING EDUCATION CLICK HERE: HTTPS://SOLUTIONFOCUSED.NET/CONTINUING-EDUCATION-INFORMATION/