Personalized support for lifelong growth

Vocational and Day Program Services (VDPS) help people with intellectual and developmental disabilities (I/DDs) be active and productive at home and in the community.

VDPS allow people with I/DDs to build skills and connections through schooling, volunteer benefits, job training, recreational programs, and more.

We use an individual plan of service to choose the right support for each person, including:

- Monitoring mental health services and supports
- Offering Community Living Supports staff to address needs
- Coordinating respite staff for primary caregivers
- Accessing vocational, employment, and recreational programs
- Coordinating therapeutic services, including psychiatric, behavioral, occupational, physical, and speech programs

How Do I Access Services?

Call **855-99-MCCMH (855-996-2264)** to schedule an intake assessment.

Once the assessment is complete, you'll be assigned a case manager. This mental health professional will help you figure out what services you need to be more independent at home and in the community. They do this by:

- Creating and reviewing personalized plans of service
- Connecting you with all necessary supports and services and assisting with follow up
- Advocating for the services and supports you need
- Coordinating services with providers
- Helping you access benefits and legal representation

Call 855-99-MCCMH (855-996-2264) to learn more or to schedule an appointment.

The MCCMH Crisis Line is available for 24/7 assistance: 586-307-9100