



# Intellectual and Developmental Disabilities

## Building independence and community for those with disabilities

### What are Intellectual and Developmental Disabilities?

Intellectual and developmental disabilities (I/DDs) are conditions that can affect a person's physical, intellectual, and emotional development. These differences are usually present at birth, appearing during early childhood and lasting throughout a person's life.

Examples of I/DDs include mild to severe intellectual disability, autism spectrum disorder (ASD), Down syndrome, cerebral palsy, and learning disabilities. A doctor or licensed therapist must do a full assessment to confirm an I/DD diagnosis.

People with I/DDs often need some assistance throughout their lives. Support and educational programs can help with managing symptoms and challenges.

At MCCMH, we help people with I/DDs in participating in activities at home and within the community. A support coordinator will be assigned to make sure the person is receiving the services they need, including:

- Therapeutic and psychiatric services
- Supported employment programs
- Skill building
- Respite care
- Community living support

# Information about I/DD

## What are the signs of an I/DD?

While the signs are different for each person and condition, they often involve learning and developing more slowly than children of similar ages. This may include:

- Sitting up, crawling, or walking, or talking later than other children of similar ages
- Doing everyday hygiene and grooming tasks, dressing or using the restroom, later than children of similar ages
- Having trouble understanding the rules of social behavior

**For more information about our services or to request an appointment, please call 855-99-MCCMH (586-996-2264) between 8 a.m. and 8 p.m., Monday through Friday.**



**MACOMB COUNTY**  
COMMUNITY MENTAL HEALTH

Macomb County Community Mental Health programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board.

MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.



[mccmh.net](http://mccmh.net)



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