



## Crisis Services

### Help when you need it the most

You are not alone – we are here for you.

If you or someone you know is facing a mental health crisis, call the MCCMH Crisis Line at **586-310-9700** for free, confidential support. We provide immediate assistance to those experiencing suicidal thoughts, substance use challenges, mental health crises, or any type of emotional distress. Translation services are available for anyone who needs them.

In addition to support over the phone, our caring and experienced crisis team can offer:

**Walk-in crisis services:** If you need in-person assistance during a crisis, walk-in evaluations are available Monday through Friday between 8:30 a.m. and 3 p.m. at the following locations:

#### **MCCMH North**

43740 North Groesbeck Highway,  
Clinton Township 48036

- Open until 5 p.m. on Wednesdays

#### **MCCMH East**

25401 Harper Avenue,  
Saint Clair Shores 48081

**Same-day or next-day services:** We provide same-day or next-day appointments for those in crisis. To request an appointment, please call us at **855-99-MCCMH (586-996-2264)** between 8 a.m. and 8 p.m., Monday through Friday.

Whether you're facing mental health struggles, concerns about alcohol or drug use, or just need someone to talk to, we are ready to listen and support you.

The MCCMH Crisis Line is available 24/7. For free and confidential support, please call **586-307-9100**.

## 988 Suicide & Crisis Lifeline



The 988 Suicide and Crisis Lifeline is available via call, text, or chat - 24 hours a day, 365 days a year. Simply call or text 988 or visit [988lifeline.org](https://988lifeline.org) to start a chat session.

**Veterans:** Call 988 and press 1

**Spanish-speakers:** Call 988 and press 2

**LGBTQ+:** Call 988 and press 3

**Deaf/Hard of Hearing:** Call 988 with a VP number or connect through the 988 web portal



**MACOMB COUNTY**  
COMMUNITY MENTAL HEALTH

Macomb County Community Mental Health programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board.

MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.



[mccmh.net](https://mccmh.net)



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