## **Primary Services**

**Autism Benefit Case Management:** This service is available for children and young adults with autism spectrum disorder (ASD) who are requesting Applied Behavioral Analysis (ABA) as their primary treatment. ABA can help youth with ASD improve their social, communication, and learning skills. Those up to age 21 with an approved ASD diagnosis can access this service.

### **Intensive Case Management:**

The program is designed for children (up to age 18) with SED. The care provided offers a greater level of support than outpatient therapy and traditional case management. The goal of this approach is to maintain the family structure for the child.





For additional information about our children's programs, call 586-469-5950.

Contact 855-99-MCCMH (855-996-2264) to schedule an appointment.



**Macomb County Community Mental Health** programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board.

MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.









# **Family-centered support**

Our Children's Department offers services to support the mental well-being of children and their families. These programs strengthen family relationships and can prevent hospitalizations.

### **Primary Services**

#### Infant Mental Health:

These services are available to parents/caregivers with children under the age of 4. Individuals receive guidance as they develop positive parenting skills. They also learn how to address challenges that can impact their child's mental health.

### **Home-Based Therapy:**

This therapy is for children ages 4 through 6 and their families. It addresses the child's emotional and behavioral needs while building stronger family bonds.



### **Primary Services**

Children's Waiver: This waiver helps children with intellectual and developmental disabilities get medical or behavioral support at home. With this waiver, Medicaid can pay for home and community-based services for children under 18.

Serious Emotional Disturbance (SED) Waiver: The waiver is available to children (up to age 21) with SED. To be eligible, the child must meet the criteria for admission to an inpatient psychiatric hospital or be at risk for hospitalization if they do not receive services. This program is available to both Medicaid and non-Medicaid families.

Wraparound Services: These services are for families and children up to the age of 18. It brings together family members and community partners to create a team of support for the child's treatment. The program is guided by the child's needs, and a facilitator works with the family to create a plan that promotes independence and resilience.



### **Therapy Programs**

Child & Family-Based Therapy: Our Children's Department accepts referrals for the following therapy practices while being enrolled in one of our primary programs:

- Parent-Child Interaction Therapy (PCIT): This combines behavioral and play therapies to improve the relationship between a child and their parent/caregiver. It is available for children ages 2 through 7.
- Child-Parent Psychotherapy
   (CPP): This form of psychotherapy
   is designed to help children and
   their parents/caregivers heal after a
   stressful or traumatic event. It is for
   children up to 6 years old.
- Families Moving Forward (FMF):
   This intervention program can help families of children with fetal alcohol spectrum disorder (FASD) address their child's needs. It provides family-centered therapy for children ages 4 through 12.

Parent Management Training-Oregon Model (PMTO): This intervention helps parents/caregivers manage the behavior of their children (ages 3 to 18). In PMTO, trained coaches work with children and families build on their existing strengths.

Early-On Program: The Early-On program is available to families with children (up to age 3) who are already enrolled in the MIPP program through the Macomb intermediate School District (MISD).

### **Therapy Programs**

Head Start Services: Referrals for these services are initiated by Head Start for children who need additional community mental health support.

- Early Head Start: For children up to age 3
- **Head Start:** For children ages 3 to 5

School-Based Therapy: This partnership with MISD provides additional therapy and support for children at Maple Lane, Rockwell, and Neil Reed elementary schools.

**Social Emotional Consultant &** Social/Behavioral Consultant: The program assists childcare providers, such as licensed daycare centers, home davcares. GRSP classrooms. and some family homes, serving children aged birth to 5 years old. A consultant provides various services, including developing helpful tools and resources, connecting families to community services, facilitating effective communication between parents and providers, helping staff build a strong team and positive work environment, and increasing understanding of children's behavior and social emotional needs.

