



**MACOMB COUNTY**  
COMMUNITY MENTAL HEALTH

# **What to do in a Behavioral Health or Substance Use Crisis**



# 911 vs. 988

**911:** For immediate emergencies like medical, fire, or crimes in progress.



## **988 Suicide & Crisis Lifeline:**

For mental health crises, including suicidal thoughts, self-harm, emotional distress, and substance use concerns. Provides free, confidential support and connects callers to local resources.

**Macomb County Community Mental Health (MCCMH) serves as the local 988 call center for Macomb County residents. Call the MCCMH Crisis Line for 24/7 support: 586-310-9700**



## Mobile Crisis Services

MCCMH's Mobile Crisis services assist children and adults in Macomb County experiencing mental health crises, including suicidal thoughts, self-harm, and situations where they pose a risk to themselves or others.

To reach the Mobile Crisis Team, call the MCCMH Crisis Line at **586-307-9100** and ask for the Mobile Crisis Therapist. They can assess situations by phone, help access services, and arrive on-scene within an hour when needed, in coordination with law enforcement.

Adult and Children's Mobile Crisis Services are available 24/7.

## Same Day Access at Behavioral Health Urgent Care Clinics

Individuals in need of mental health support (crisis or non-crisis) can access same-day services and intake with a walk-in assessment at the following locations, Monday through Friday, from 8:30 a.m. to 3 p.m.:

### **MCCMH North**

43740 North Groesbeck Hwy  
Clinton Township, MI 48036  
586-469-7629

Hours of Operation:  
8 a.m. to 5 p.m., Monday  
through Friday

\*Available for walk-ins until  
5 p.m. on Wednesdays

### **MCCMH East**

25401 Harper Ave  
St. Clair Shores, MI 48081  
586-466-6912

Hours of Operation:  
8 a.m. to 5 p.m., Monday  
through Friday



To find additional community resources and support, scan the QR code.

**Call MCCMH's Customer Service Line for non-emergency assistance Monday through Friday from 8 a.m. to 8 p.m.: 855-99-MCCMH (855-996-2264)**



[mccmh.net](http://mccmh.net)



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