



## THE SYSTEM OF CARE

# Assisted Outpatient Treatment



People with serious mental illness (SMI) don't have to improve their health on their own. Assisted Outpatient Treatment (AOT) can provide much-needed support.

AOT is a court order for community-based mental health treatment for people with SMI. It helps people manage their condition, overcome challenges, and live more independently.

There are many people and organizations involved in AOT. Each party has a specific role to make sure the order is followed correctly and the person's rights are protected.

**To learn more about AOT, please call 855-99-MCCMH (855-996-2264) or visit [mccmh.net/AOT/](http://mccmh.net/AOT/)**

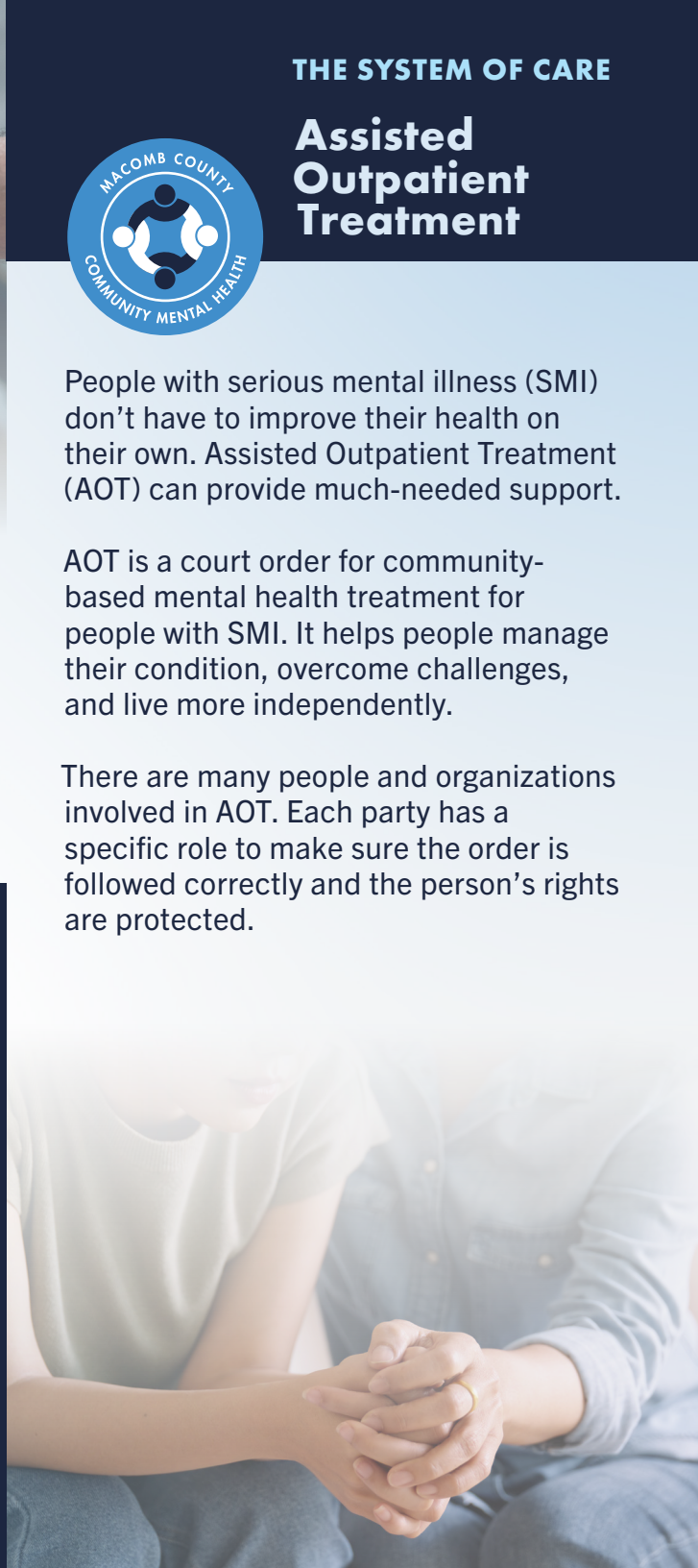
**Call our Crisis Hotline for 24/7 support: 586-307-9100**



**MACOMB COUNTY**  
COMMUNITY MENTAL HEALTH

Macomb County Community Mental Health programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board.

MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.



### **Probate courts:**

The probate court oversees the AOT order, making sure MCCMH provides the right treatment and holding the person responsible for following their treatment plan.

### **Mental health providers:**

MCCMH and other service providers work together to deliver AOT services and monitor the person's progress.

### **Hospitals:**

People with untreated SMI frequently visit hospitals, emergency rooms (ERs), and inpatient psychiatric care facilities. Healthcare professionals in these settings can help these people by filing a petition for AOT.



### **Law enforcement:**

Police officers carry out Orders for Examination/Transport issued by the court. This allows police officers to take someone to an ER or crisis center for a mental health evaluation.

### **Families, caretakers, and advocates:**

AOT allows families, caretakers, and advocates to work with the court to get the person with SMI the help they need.

### **Person receiving care:**

AOT makes sure people with SMI get the treatment they need while also protecting their rights.

Anyone can petition the probate court to request an AOT for someone who qualifies for treatment. Adults with SMI may be eligible for AOT when they:

- May harm themselves or others
- Have difficulty meeting their basic needs like food, clothing, or shelter
- Do not recognize their need for mental health care and refuse voluntary treatment

