



PERSON SERVED



Assisted Outpatient Treatment

**To learn more about AOT,
please call 855-99-MCCMH
(855-996-2264) or visit
mccmh.net/AOT/**

**Call our Crisis Hotline for 24/7
support: 586-307-9100**

Understanding your court order for mental health treatment

Living with a serious mental illness (SMI) can be difficult, and sometimes it's hard to know when you need help. Assisted Outpatient Treatment (AOT) was created to help people in these situations get the mental health support they need.

The probate court order will list the specific services you must do as part of your treatment plan. This may include case management, substance use treatment, medication management, or other necessary services. The judge decides which treatments you will receive based on recommendations from your treatment team and what is discussed in court.

AOT is not a criminal matter. If you are on an AOT order, you cannot be jailed for not following treatment.



MACOMB COUNTY
COMMUNITY MENTAL HEALTH

Macomb County Community Mental Health programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board.

MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.

 mccmh.net



@wearemccmh





AOT does not last forever. You must participate in all the court-ordered treatments to have the order ended. It's important to meet with your mental health providers regularly. They can help you find the right treatments and track your progress.

What parts of an AOT order are you responsible for?

- Be present at the hearing, unless you choose to waive this right
- Work with MCCMH to co-develop an individualized plan of service (IPOS) that reflects your personal goals
- Follow treatment and share any challenges to your care team
- Advocate for yourself
- Actively engage in treatment

Action steps for those on an AOT order:

- Learn more about how AOT works
- Listen to the success stories of people who were on an AOT order
- Continue learning more about your illness and what treatment options exist
- Contact the MCCMH Office of Recipient Rights (**586-469-6528**) to learn about what your rights are when receiving mental health treatment

