



**FAMILIES, CARETAKERS,  
& ADVOCATES**



## **Assisted Outpatient Treatment**

**To learn more about AOT,  
please call 855-99-MCCMH  
(855-996-2264) or visit  
[mccmh.net/AOT/](http://mccmh.net/AOT/)**

**Call our Crisis Hotline for 24/7  
support: 586-307-9100**

### **Supporting people with serious mental illness**

Assisted Outpatient Treatment (AOT) is a court order for community-based mental health treatment for people with serious mental illness (SMI). This helps families, caregivers, and advocates get help for the person before they experience a mental health crisis.

#### **An individual may benefit from an AOT when they are at risk of:**

- Harming themselves or others
- Struggling to address their basic needs
- Demonstrating that they do not understand their need for mental health treatment



**MACOMB COUNTY**  
COMMUNITY MENTAL HEALTH

Macomb County Community Mental Health programs and services are supported and funded, in part, by the Michigan Department of Health and Human Services (MDHHS). MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board.

MCCMH centers are barrier-free, and offer TTY access, American Sign Language communication, and other language translations.



 [mccmh.net](http://mccmh.net)



@wearemccmh

AOT orders can include a variety of services, such as medication management, therapy, and case management. This allows people with SMI to get the care they need to manage their symptoms and live more independently.

**AOT is not a criminal matter.** A person on an AOT order cannot be jailed for not following treatment.

Research shows that AOT is effective at improving outcomes for people with SMI. This includes reducing substance use, hospitalizations, and aggressive or suicidal behavior.



Petitions for AOT are filed with the local probate court where the person with SMI lives. MCCMH is responsible for providing the necessary mental health care.

### **What are families, caretakers, and advocates responsible for?**

- Support the person in their treatment

### **Action steps for families, caretakers, and advocates:**

- Learn more about AOT, how to file, and whether the person you are concerned about is a good candidate
- Get support for yourself — MCCMH offers a wide range of services to help you and your loved one