Substance Use Disorder Health Homes Program Guidelines

Overview

Macomb County Community Mental Health (MCCMH) establishes these guidelines with the intent to outline the implementation and requirements of Substance Use Disorder Health Home (SUDHH) services in Macomb County. SUDHH Providers are required to adhere to the rules and regulations in the Medicaid Provider Manual, Michigan Department Health and Human Services (MDHHS) SUDHH HH Handbook, MCCMH-MCO policies, and the MCCMH-SUD Provider Manual. The goal of SUDHH services is to establish a main point of contact, or "health home," for enrollees. This health home is responsible for helping individuals navigating the broader healthcare environment through intensive care coordination and care management.

Macomb County Medicaid and Healthy Michigan Plan eligible individuals diagnosed with Opioid Use Disorder, Stimulant Use Disorder, or Alcohol Use Disorder, who also have or at risk of developing behavioral health conditions, asthma, diabetes, heart disease, COPD, or a BMI greater than 25 may be eligible for enrollment in the SUD Health Home (SUDHH) through MCCMH.

Under Section 2703 of the Patient Protection and Affordable Care Act of 2010 (ACA), the Health Home service model is meant to help chronically ill Medicaid and Healthy Michigan Plan individuals manage their conditions through an intensive level of care management and coordination. The SUD Health Home is centered on whole-person, team-based care, with peer recovery coaches at the center of care.

Providers contracted for SUDHH services must follow the rules and regulations outlined in the Medicaid Provider Manual SUDHH Handbook and the MCCMH-SUD Provider Manual. Eligible SUDHH Providers must meet all applicable state and federal licensing requirements. Providers must also be pre-approved and maintain approval as an SUDHH by MDHHS and have documentation of the approved MDHHS Health Home Partner Application on file with MCCMH-SUD. Providers receiving funding from the state-administered funds set aside for SUDHH must provide or arrange for all of the following services:

- 1. The SUD Health Home program's six (6) Core Services will be delivered to Medicaid/HMP individuals with an opioid use disorder, alcohol use disorder, or stimulant use disorder diagnosis: Comprehensive Care Management, Care Coordination, Health Promotion, Comprehensive Transitional Care, Patient and Family Support, Referral to Community and Social Support Services;
- 2. The SUDHH will function as the central point of contact for directing patientcentered care across the broader health care system;
- 3. An interdisciplinary team of providers will work with individuals to develop a person-centered/individualized plan of service health action plan to best manage their care;

- The SUDHH will elevate the role and importance of Peer Recovery Coaches and Community Health Workers to foster direct empathy and raise overall health and wellness; and
- 5. A qualifying service must be provided, documented and billed for by the SUDHH in order to receive the monthly reimbursement for that individual;
- 6. Eligible Medicaid/HMP individuals will be enrolled in the SUD Health Home by MCCMH f and have the option to opt out at any time. These individuals will be required to provide consent to participate in the SUDHH prior to the agency receiving reimbursement for SUDHH premiums.

Substance Use Disorder Health Home Providers will fulfill and maintain the minimum staffing qualifications and ratios as outlined in the SUDHH Handbook.

To be eligible for SUD Health Home enrollment and covered services, all the following must be met:

- Eligible individuals must have full Medicaid, Healthy Michigan Plan, or MIChild coverage at the time of service. Individuals enrolled in other waiver services, are dual enrolled in Medicare and Medicaid or have Medicaid deductible/spend-down (whether or not met) are ineligible. The full list of covered Medicaid plans is available in the MDHHS SUDHH Handbook.
- The individual's Medicaid, Healthy Michigan Plan or MIChild coverage must reflect Macomb County Community Mental Health as the PIHP.
- Eligible individuals must have a diagnosis of opioid use disorder, alcohol use disorder, or stimulant use disorder.
- Eligible individuals must have either developed, or be at risk for developing a mental health condition, asthma, BMI greater than 25, COPD, diabetes, or heart disease,
- Individuals must agree to participate in the SUD Health Home program. Participation is voluntary and enrolled individuals may opt-out at any time.
- Individual must give consent/sign a release to share information between the SUDHH Provider and Macomb County Community Mental Health

Current Michigan Medicaid Substance Use Disorder Health Home information can be found on the MDHHS website page "Substance Use Disorder Health Home", https://www.michigan.gov/mdhhs/assistance-programs/medicaid/substance-use-disorder-health-home