



# Medication Disposal

## Tips & Resources

### Why dispose safely?

#### Prevention of Accidental Overdose:

Pets and children can accidentally swallow unused medications, leading to poisoning and possible overdose.

#### Reduction of Drug Misuse and


**Addiction:** By safely disposing of unused medications, you can help reduce the availability of these drugs to those who might misuse them.

#### Protection of the Environment:

Flushing medications down the toilet or throwing them in the trash can contaminate the water supply and harm wildlife.

**Concerned about someone's misuse of prescription drugs?**

**Contact us today.**

 855-99-MCCMH  
(855-996-2264)

 [mccmh.net](http://mccmh.net)

### Where can I dispose safely?

- [DEA Take Back Days](#)
- [Macomb County Health Department](#)
- [safe.pharmacy/drug-disposal/](#)
- [EGLE Drug Take Back Map](#)

\*Needles and syringes are generally NOT accepted.

### How do I safely dispose of medications at home?

If you cannot make it to a disposal site, you can follow these simple steps to dispose of most medicines in your trash at home:

- **Mix** medicines (liquid or pills — do not crush tablets or capsules) with an unappealing substance such as dirt, cat litter, or used coffee grounds.
- **Place** the mixture in a container, such as a sealed plastic bag.
- **Throw** away the container in the trash.
- **Remove** all personal information on the prescription label of empty medicine bottles or packaging, then trash or recycle the empty bottle or packaging.