PRINCIPLES AND APPLICATIONS OF COGNITIVE BEHAVIOR-AL THERAPY

This virtual course explores the history of CBT, provides a skills overview, a general discussion of practical application to various populations, and discusses how to write an effective Person-Centered Plan to include CBT practice.

Course Objectives:
1) Explore the history of CBT
2) Review different skills and modalities of CBT
3) Discussion of practical application of CBT practice with various populations
4) Include CBT in PCP's

Approved for 2.0 SW CE Hours & 2 CDTS Hours
MiCEC-0038

WHEN
9:00A—11:00A

Wednesday, 3/27/2024

Wednesday, 8/28/2024

Thursday, 11/21/2024

VIRTUAL
Training link will be sent out via email 1-2 business days prior to training date.

REGISTRATION*
REQUIRED

CLICK HERE, TO REGISTER
CBT Registration 2024