

# Psychological Approaches to Pain

Presented By: Angela Curtis, MA

This PowerPoint covers pain measurement, the effects of pain in the brain, mindfulness techniques and discussion about mindfulness meditation and it's positive effect on children.

## Training Objectives:

- Facts about Pain Catastrophizing
- What Causes Pain
- The Fifth Vital Sign /Pain Measurement
- History of pain and medication for pain
- Medication Addiction, differences of opiates/opioids
- Non-Drug Evidenced Based Treatments (adult and children)



**WHEN**  
**9:00A—11:00A**

**Thursday**

**1/11/24**

**Friday**

**6/14/24**

**Thursday**

**10/31/24**

**\*VIRTUAL\***  
**MEETING INFORMATION WILL**  
**BE SENT VIA EMAIL A MINI-**  
**MUM OF 24 HOURS**  
**IN ADVANCE TO THE TRAINING.**

**REGISTRATION**  
**REQUIRED**

**CLICK HERE, TO REGISTER**  
[Psychological Approaches to](#)  
[Pain Registration 2024](#)

*Approved for*  
**2.0 SW CE**  
*Hours*  
**& 1.5 CDTs**  
*Hours*  
MiCEC-0038