



IN COLLABORATION WITH



INSTITUTE *for*
SOLUTION-FOCUSED
THERAPY

PRESENTED BY:

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EXECUTIVE DIRECTOR OF INSTITUTE FOR
SOLUTION-FOCUSED THERAPY**

Solution-Focused Brief Therapy

Solution-Focused Brief Therapy is a short-term goal-focused evidence-based therapeutic approach, which incorporates positive psychology principles and practices and which helps clients change by constructing solutions rather than focusing on problems. In the most basic sense, SFBT is a hope friendly, positive emotion eliciting, future-oriented vehicle for formulating, motivating, achieving, and sustaining desired behavioral change.

Institute for Solution-Focused Therapy

When:

8:30a-12:30a

Must attend all 3 days:

**Aug 28th, 29th &
30th**

OR

**Sept 25th, 26th &
27th**

***Approved for
12 NASW CE's
&
12 APA CE's***

****Virtual Training****

**REGISTRATION
REQUIRED**

**Email To Register:
TrainingOffice@mccmh.net**