



**\*Virtual Training\***

Meeting information will be emailed prior to training date

**ATTENDANCE IS REQUIRED FROM 8:30A-4:30P FOR ALL 4 DAYS OF SESSION:**  
**Sign-in begins daily at 8:15a**

**WHEN**  
**MON 5/1/23**  
**TUES 5/2/23**  
**WEDS 5/3/23**  
**THURS 5/4/23**

Registration Required  
**EMAIL:**  
TrainingOffice@mccmh.net

# PROLONGED EXPOSURE THERAPY TRAINING

- This intensive 4– day workshop on how to implement Prolonged Exposure Therapy will begin with instruction in the basics of all components of PE. The second half of the workshop will focus on how to modify therapy procedures in order to tailor the treatment to the client’s response to exposure. Maintaining focus on treatment of PTSD while maintaining flexibility in following the manual will be emphasized. During this workshop, participants will be presented detailed case vignettes that illustrate use of PE in the treatment of trauma survivors with chronic PTSD. Participants will view videotaped examples of therapy sessions conducted by experts that illustrate all PE therapy components. Role plays and group discussion will also be used to illustrate PE procedures.
- Provided are detailed treatment manuals and supporting materials used in providing the therapy. **These materials must be picked up at the MCCMH Training Department 1 week prior to the training. Additional details provided at registration confirmation.**
- ***Registrants must be a Master’s level clinician and must work with adults. This information is required at the time of registration.***

