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**TO:** MCCMH Psychiatric Outpatient Services – Directs  
**FROM:** Carmen R. Serpa, MD  
MCCMH Chief Medical Officer  
**RE:** Individuals who are seeing a Licensed Prescriber for the first time  
**DATE:** February 10, 2023

Effective today, individuals who establish service for the first time through any of MCCMH’s directly operated clinics must visit their assigned clinic for their first psychiatric visit with a licensed prescriber. This will enable our medical teams to gather the appropriate baseline vitals and laboratory work (i.e. pregnancy tests, urine toxicology, etc.) and allow for a more thorough assessment of all new cases. Applicable exemptions to the above include one or more of the following:

1. An individual or a minor’s guardian is deemed to be an at-risk individual for COVID 19, as defined by the Center for Disease Control and Prevention (CDC), or has a medical exemption from their medical provider that prevents them or puts them at risk following a community exposure;
2. An individual or a minor’s guardian has transportation issues which cannot be ameliorated by providing alternative services such as cabbage or bus tickets; and/or
3. An extreme circumstance that when explored by the clinic’s multidisciplinary team is deemed as extenuating enough to qualify for such exemption.

It is expected that all individuals are informed of this directive and all clinics adjust their operational processes accordingly.



Respectfully,  
  
Chief Medical Officer

CC: Interim Director of Community and Behavioral Services