



MACOMB COUNTY

COMMUNITY MENTAL HEALTH

Subject: Nursing	Procedure: Providing Individuals Health Education	
Last Updated: 04/04/22	Owner: MCCMH Nursing Administrator	Pages: 2

I. PURPOSE:

To define and describe operational guidelines for health education provided by nursing.

II. DEFINITIONS:

- A. Health Services Individual Education
Health education provided directly to one person served by a registered nurse, nurse practitioner, clinical nurse specialist, registered dietician or licensed physician's assistant, according to their scope of practice.
- B. Health Services Group Education
Health education provided to a group of persons served by a registered nurse, nurse practitioner, clinical nurse specialist, registered dietician or licensed physician's assistant, according to their scope of practice.
- C. Health Services Education
Education used to support care of medical health, mental health, medications, and activities related to self-care.

III. PROCEDURE:

- A. When a supervisor, case manager, therapist, peer, nurse or licensed prescriber identifies that an individual is in need of health education during their course of service, the nurse assigned to the case or the team of nurses at the service site will be informed of this need through electronic communication.
- B. Health education will be provided by appropriate staff in an individual or group setting, as determined by the needs and willingness of the individuals served.
- C. Nursing will determine if more than one individual needs a specific, identified education. When more than one individual needs an identified education, nursing will ask if the individuals would like to receive education in a group setting.
- D. When there is only one individual in need of a specific health education, nursing will work with the individual's case manager to request appropriate billing authorization in the amount that meets the individual's needs based on their plan of service.

- E. When there is a group of individuals needing this education, nursing will work with the individuals' case managers to request appropriate billing authorization for group education.
- F. Authorizations should be requested by specifying the amount of time needed for the education's provision and based on the individual's need for retraining and/or support.
- G. Health education is required to be included in the individual's plan of service as an intervention towards fulfilling their goals.
- H. Documentation of health education will be placed into the electronic health record (EHR) under progress notes, as dictated by MCCMH MCO Policy 2-010, "Standards for Clinical Services Documentation."
- I. The RN staff or RN team providing or assisting in setting up the education will follow up with the individual within 60 calendar days to ensure the education was effective and determine if further education is required. This follow up will be documented in a progress note or in an injection dispense note if follow up occurs during that service.

IV. REFERENCES:

MDHHS Michigan PIHP/CMHSP Provider Qualifications Per Medicaid Services & HCPCS/CPT Codes

V. RELATED POLICIES:

MCCMH Policy 2-010, "Standards for Clinical Services Documentation"

VI. EXHIBITS:

None.

Annual Review Attestation / Revision History:

Revision #:	Revision/Review Date:	Revision Summary:	Reviewer/Reviser:
1	03/16/2022	Creation of Procedure.	Jeffrey Clark
2	04/04/2022	Revision of Procedure.	Jeffrey Clark
3	2/24/2023	Review and Adoption	Jeffrey Clark