## Introduction to Motivational Interviewing

Presented by: Randall Estes LMSW, CAADC, CCS

## When:

8:30a-4:30p

Choose from ONE of the dates below:

Thursday, 4/6/23 OR Friday, 7/14/23 OR Friday, 11/3/23

\*Virtual Training\*
Meeting information will be sent close to the training date

TO REGISTER, CLICK HERE:

Motivational Interviewing 2023





- Participants will develop a personal working definition of MI
- Participants will understand theoretical foundation and evidenced based support of MI
- Participants will identify professional helping skills that directly correlate with healthy behavior change.
- Participants will experience demonstrations of MI style, spirit, and skill sets.
- Participants will practice MI style, spirit, and skill sets.
- Participants will demonstrate active listening skills.



