



Controlled Substance Monitoring

Because adult drug use, as well as medication misuse, is on the rise, Macomb County Community Mental Health (MCCMH) has several ways to help us keep our patients safe and healthy, especially when undergoing treatment. When a controlled substance is the best option for your care, we monitor its use closely, to keep you safe and avoid possible risk.

MCCMH uses the Michigan Automated Prescription System—MAPS. This system lets healthcare providers know if you have been prescribed a controlled medication such as narcotic pain medication. These medications not only have a high risk for misuse and addiction, they also can affect or interfere with other medications you are prescribed.

In addition, MCCMH follows a Controlled Substance Monitoring process to reduce risk of overdose or substance misuse. This process is customized to each person's needs.

How does monitoring work? It's as easy as 1-2-3

- 1. Your doctor will contact us to arrange monitoring services. MCCMH will then contact you, requesting that you return our call within 24 hours.*
- 2. When you call, staff will assist you in making a prompt appointment. You may be asked to bring some medications.*
- 3. You may also be asked to provide a urine sample, and take other tests as needed. Staff will answer any question you have throughout the process.*



Your doctor will be informed of your visit, and they will continue to work with MCCMH to provide services for your wellbeing, with your assistance.

YOU ARE NOT ALONE; MCCMH IS HERE TO HELP.

MCCMH has programs to help people secure housing, avoid jail, and obtain peer counseling, along with other initiatives that address both physical and mental challenges, helping pave the way to better total health.

Call today to get started!

**1-855-99-MCCMH
996-2264**

**For support and help anytime,
call our Crisis Hotline at 586-307-9100.**



THE MCCMH MISSION STATEMENT

Macomb County Community Mental Health, guided by the values, strengths, and informed choices of the PEOPLE WE SERVE, provides quality services which promote recovery, community participation, self-sufficiency, and independence.



MCMH centers are barrier free, offer TTY access, American Sign Language communication, and other language translations. MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board.