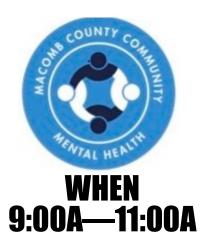
PRINCIPLES AND APPLICATIONS OF COGNITIVE BEHAVIORAL THERAPY

This virtual course explores the history of CBT, provides a skills overview, a general discussion of practical application to various populations, and discusses how to write an effective Person -Centered Plan to include CBT practice.

Course Objectives:

- 1) Explore the history of CBT
- 2) Review different skills and modalities of CBT
- 3) Discussion of practical application of CBT practice with various populations
- 4) Include CBT in PCP's





Thureday

Thursday, 2/23/2023

Wednesday, 6/28/2023

Tuesday, **10/17/2023**

VIRTUAL

MCCMH West Training Office 6555 15 Mile Rd., Sterling Heights, MI 48312

REGISTRATION REQUIRED

CLICK HERE, TO REGISTER
Cognitive Behavioral Therapy
2023

Approved for 2.0 SW CE Hours & 2 CDTS Hours