

# **Macomb County Office Of Substance Abuse**

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## **MCOSA's Primary Functions**

# **MCOSA**

Macomb County **Community Mental** Health, Office of **Substance Abuse** (MCOSA) manages substance use disorder services for individuals in **Macomb County with** Medicaid, Healthy Michigan Plan, MIChild, MIHealth Link or who are low income and uninsured. As the designated Regional **Entity for substance** use disorder services in Macomb County. MCOSA is responsible for planning, funding, monitoring and coordinating substance use prevention, treatment and recovery services. These services are provided through contracts with community agencies who are licensed and accredited to provide substance use prevention and treatment services.

- Determine need for substance use services through Needs

  Assessment. Public Comment. and Utilization review
- Develop an Annual Plan and monitor and evaluate progress
- Establish a Continuum of Care by contracting for services with licensed and accredited programs
- Complete all State and Federal reporting requirements
- Oversee the coordination of substance use prevention, treatment and recovery services through evaluation and monitoring
- Develop policy, technical assistance and trainings

#### **Treatment Services**

- Early Intervention: Services that address problems or risk
  factors that appear related to use of alcohol or other drugs in
  an effort to help the individual recognize the harmful
  consequences of inappropriate use.
- Outpatient: Scheduled counseling services provided in a clinic setting. Services include assessment, group, individual, didactic and family counseling, psychiatric evaluation for cooccurring disorders, and referral for other services as needed.
- Intensive Outpatient: Therapeutic services provided in a structured outpatient setting for three hours per day, meeting three times per week. Core services include assessment, didactic education and group therapy, with individual counseling, psychiatric and medical services or consultation.
- Medication Assisted Treatment: Counseling and pharmacology services provided in an outpatient setting for individuals who are opioid dependent. Services are performed under the care of a licensed physician in a DEA approved licensed program with medication reviews occurring at least every 60 days. A full array of outpatient counseling service are provided along with supporting medication and medical services.
- Peer Support: Trained individuals with long term stable provide problem solving skills and advocacy to help clients achieve recovery goals by addressing relapse issues, identifying community resources and providing hope in achieving goals.

- Residential: Planned group, individual and educational counseling sessions provided as an intense, organized, daily treatment regimen by a multi-disciplinary staff who provide 24hour monitoring.
- Sub-acute Detoxification/Withdrawal Management:
  Supervised 24-hour care in a sub-acute residential setting,
  typically lasting 3-5 days, to manage the effects of withdrawal
  from physical dependency on substances before transferring
  to the next level of care for clinical treatment services.
- Recovery Home Services: Alcohol and drug free housing environments whose rules, peer-led groups, staff activities and other structured operations are directed toward maintenance of sobriety for persons who exhibit relapse potential and/or lack of suitable recovery living environments.
- Opioid Health Home Services: An Opioid Health Home is a
  model of care that provides comprehensive care management
  and coordination services to Medicaid beneficiaries with
  opioid use disorder. The model takes a holistic approach to
  health care and provides one "home" base for coordinating
  recovery and health needs while functioning as the central
  point of contact for directing patient-centered care across the
  broader health care system.
- Recovery Community Center: A peer-operated center that serves as local resources of community-based recovery supports providing support, socialization, education, and information to individuals in recovery. The Center promotes preventing relapse, sustaining recovery, and improving quality

#### **Prevention Services**

- Alternative Activity: Positive activities that exclude alcohol and other drugs by offering after school activities and assisting in community services.
- Community Based: Networking, technical assistance and training to community coalitions that address substance use issues.
- Education: Facilitate evidenced based substance abuse curriculums in schools, parenting workshops, and in
- community groups.
- Environmental: Work with communities to change norms and policies by reducing access to substances.
- **Information Dissemination:** Provide substance abuse knowledge and awareness at health fairs, community events, and to community groups.
- Problem Identification & Referral: Identify, educate, and refer individuals who are at-risk of abusing substances.

#### MACOMB COUNTY OFFICE OF SUBSTANCE ABUSE (MCOSA) 586-469-5278

#### **ACCESS AND REFERRAL**

MCCMH Access Center 855-99-MCCMH (855-996-2264)

#### MCOSA CONTRACTED PROVIDERS

#### Residential & \*Sub-Acute Detoxification

# Contact MCCMH Access center for screening and prior authorization \*Also contracted for Sub-Acute Detoxification

Clearview (Women's Specialty) - Richmond Twp.	888-802-7472	*Quality Behavioral Health—Detroit	313-922-2222
*Eastwood`Recovery Center—Southfield	248-864-5200	*Sacred Heart Rehabilitation – Richmond Twp	888-802-7472
Great Lakes Recovery— Negaunee (Adolescent)	906-228-4692	*Salvation Army Harbor Light - Clinton Twp	586-954-1838
*CPI/Meridian Health Services - Waterford	248-406-0090	*Salvation Army Harbor Light—Detroit	313-361-6136
*Personalized Nursing LIGHT House-Dearborn	313-274-7879	SHAR Macomb—Warren	586-983-2670
*Personalized Nursing LIGHT House-Madison Hgts	248-850-1600	Turning Point Recovery Centers – Pontiac	248-334-7760

#### **Outpatient/\*\*Intensive Outpatient**

\*\*Also contracted for Intensive Outpatient Treatment

A.C.C.E.S.S.	586-722-6036	Macomb Family Services—Clinton Twp.	586-226-3440
Ascension Eastwood—Clinton Twp.	586-792-5335	Macomb Family Services—Richmond	586-727-5529
Ascension Eastwood—St. Clair Shores	586-445-2210	Macomb Family Services—Romeo	586-752-9696
CARE of Southeastern MI—Fraser	586-541-2273	Sacred Heart Rehabilitation Center-New Haven	586-749-5173
**Clinton Counseling Center-Mt. Clemens	586-468-2266	Sacred Heart Rehabilitation Center—St. Clair Shores	586-541-9550
Easterseals Michigan—Center Line	586-501-3070	Salvation Army Harbor Light-Clinton Twp.	586-954-1838
Judson Center—Warren	586-573-1810	Salvation Army Harbor Light-Onward—Warren	586-954-1838

### **Medication Assisted Outpatient Treatment**

BioMed Behavioral Health Care—Roseville	586-783-4802
Quality Behavioral Health—Sterling Heights	586-480-1438
Sacred Heart Rehabilitation—Madison Heights	248-658-1116
Sacred Heart Rehabilitation—Richmond Twp.	888-802-7472
Sacred Heart Rehabilitation—St. Clair Shores	586-541-9550

#### **Opioid Health Home Service**

Beaumont Family Medicine – Sterling Heights	248-964-0400
BioMed Behavioral Health Care—Roseville	586-783-4802
Gammons Medical-Warren & Richmond	586-250-4040
MyCare Health Center-Mt. Clemens & Center Line	586-619-9986
Quality Behavioral Health—Sterling Heights	586-480-1438
Sacred Heart Rehabilitation—St. Clair Shores	586-541-9550

#### **Recovery Services**

Peer Coaching: CARE of Southeastern Michigan	586-541-2273	
Recovery Center: Recovery United Community Center	586-552-1120	
Recovery Center: Live Rite Recovery Resource Center	586-217-5899	
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Recovery Home Services—Contact MCCMH Access Center for Services

#### **Prevention Services**

Arab Community Center for Economic & Social Services (A.C.C.ES.S.)	586-722-6036
CARE of Southeastern Michigan – Fraser	586-541-0033
Clinton Counseling Center - Macomb County Jail	586-307-9570
Families Against Narcotics (FAN) - Clinton Twp.	586-438-8500
Macomb Family Services – Romeo	586-752-9696
Traffic Safety Association—Fraser	586-293-5880

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