



YOU ARE NOT ALONE. MCCMH CAN HELP.

If you or someone you love is struggling with anxiety, depression or other health issues, MACOMB COUNTY COMMUNITY MENTAL HEALTH (MCCMH) can help.

MCCMH has programs for people with mental health challenges, substance use, developmental disabilities, adults and children in crisis, along with assistance and supports for both military veterans and active duty service members and their families. And most MCCMH programs are provided at no cost.

Call today, and get started on the path to better health.

May is Mental Health Awareness Month

MCCMH centers are barrier free, offer TTY access, American Sign Language communication, and other language translations. MCCMH is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), and operates under the direction of the Macomb County Board of Commissioners and the Macomb County Community Mental Health Board.

Putting People First

**www.mccmh.net
855-99-MCCMH (855-996-2264)**

**MACOMB
COUNTY
COMMUNITY
MENTAL HEALTH**