

If you or someone you know is struggling with an opioid and/or alcohol addiction, MAT offers a holistic approach utilizing a multidisciplinary team to ensure coordination of care. The Care Coordinator, Peer Recovery Coach, Substance Use Disorder Therapist, Primary Care Provider and Medical Assistant work together to reinforce recovery and focus on healthy lifestyle choices.

The goal is to help highly motivated individuals get through recovery cravings until they have stabilized their lives.

MyCare accepts a wide variety of insurances. No one will be denied services due to an inability to pay. Financial assistance is available based on family size and income through a Sliding Fee Scale Program.



MyCare
HEALTH CENTER

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MyCare
HEALTH CENTER

Opioid and Alcohol Medication Assisted Treatment Program

Stay positive
Stay focused
Stay strong



Opioid addiction is a serious and common problem in our community.

Addiction can be devastating, both psychologically and physically. An alternative treatment for addiction is called

Medication Assisted Treatment (MAT).

MAT combines the use of medication and behavioral therapy to treat people who have a substance use disorder, such as opioids and/or alcohol, regain optimal functioning and healthy living.

Therapy can help work through the psychological aspects of dependence, while medication can help address the physical changes in the brain and lessen cravings, providing the addicted individual the chance to focus on their recovery.

Counseling and a strong support network are essential to helping people to stay in recovery.

The ultimate goal of MAT is full recovery, including the ability to live a self-directed life. Addiction cannot be cured, but can be managed. Most people cannot recover alone.



MyCare currently prescribes Vivitrol® (Naltrexone) as part of MAT, which is the only, non-addictive, once-a-month injectable medication that is a recovery tool used along with therapy to treat opioid and alcohol dependence.

Vivitrol® (Naltrexone) is a long acting prescription injectable medicine that:

- Prevents relapse to opioid dependence after opioid detox
 - Treats alcohol dependence
 - Helps reduce cravings
- To be effective, Vivitrol® must be used along with therapy
- Is non-narcotic; no abuse potential
- Does not cause withdrawal symptoms when stopped

Testimonials

“I’m choosing to move forward, and if there’s something out there that’s going to help me, then I’m going to use it.”

-Kurt, father, counselor, and recovering opioid addict

“What I’ve learned is that it does not matter how hard you try to deny the problem or beat the problem or to put on the show for other people that everything’s fine. Eventually, over a period of time, the ugly face of addiction is going to show itself. Recovery is really hard, but there is hope. There are options available. I am still continuing to discover who I am. I realize that I’ve always been a strong person. That is something I didn’t realize before.”

-Carrie, mother, counselor, and recovering opioid addict

You can watch Kurt and Carrie’s full story at Vivitrol.com

When you are ready to move forward and take the next step, medication used along with therapy may help you in your path to recovery!

MyCare Health Center offers Medication Assisted Treatment (MAT) for adult men and women addicted to alcohol and/or opioids, such as heroin or prescription narcotics.



How do you participate in the MAT program at MyCare Health Center?

**Contact the
MAT Care Coordinator at
(586) 783-2222**

MyCare Health Center’s MAT Program aims to provide a safe place to receive medication assisted treatment for opioid and/or alcohol substance use disorder using a combination of medication and counseling to help individuals succeed in regaining control of their lives.