



SOCIAL MEDIA AND THE IMPACT ON YOUTH BODY IMAGE

Presented By: Leslie Styer, MA, LLP, CAADC



**Wednesday
4/13/22
9:00am–
12:00pm**

***Virtual Training*
Meeting information will be sent prior to the training date**

Training Description:

The primary goal of this course is to educate clinicians on the effects of social media on youth body image and self-view. The course will also review the development of the adolescent brain as it pertains to decision making and abstract thought processes present and impacting view of self, others and body image. The course is aimed at equipping clinicians who treat youth in this age range with the ability to educate and support youth in healthy boundaries around social media use and engagement as well as, provide them with information to support parents and caregivers of youth in this demographic.

Training Objectives:

- Objective 1:** Identify the stages of brain development during adolescence and how this impacts decision making, perception and response to media.
- Objective 2:** Identify the current and most salient concerns related to youth social media experiences and engagement.
- Objective 3:** Identify the most appropriate clinical interventions and/or information to treat and/or educate youth and their families about the impact of social media on the youth and how to best address the youth's individual related treatment and social needs.
- Objective 4:** Apply the content to clinical practice- Clinicians will be able to write goals and objectives specific to providing medically necessary treatment/supports to youth and families surrounding social media use and engagement.

**REGISTRATION
REQUIRED
Email:
TrainingOffice
@mccmh.net**

