

Using Motivational Interviewing for Tobacco Recovery

MEETING THE INDIVIDUAL WHERE THEY ARE AND
ASSISTING THEM THROUGH THE STAGES OF CHANGE



Participants will be able to:

- Understand the Spirit and Principles of MI and how to apply to your practice
- Practice Microskills of MI (OARS)
- Review common Tobacco Recovery techniques (5 A's , 5 R's, self-assessments, community resources)
- Apply MI skills to Tobacco Recovery approaches

WHEN: Tuesday 12/14/21

8:30am-3:30pm (30 minute lunch break provided)

WHERE: *Virtual Training*

Meeting information will be sent close to the training date

REGISTRATION REQUIRED

Email: TrainingOffice@mccmh.net

Macomb County
Community Mental
Health



MCOSA
MACOMB COUNTY OFFICE OF SUBSTANCE ABUSE

6.0 SW CEUs
6.0 MCBAP Credits
approved provider #
MICEC-0038



About Presenter Meghan Perrault, LPC, CAADC: Meghan Perrault is a Licensed Professional Counselor and Certified Advanced Alcohol and Other Drug Therapist. She worked as a therapist in Oakland County, providing Co-Occurring services to children, teens, and adults. She has worked on programs providing bilingual services to parolees, mothers with SUD, criminal justice participants, and foster care support. She completed extensive enrichment program in Motivational Interviewing as part of a state-wide initiative to train trainers, and currently provides workshops and coaching through a contract with MACMHB.