



COMMUNITY MENTAL HEALTH

OFFICE OF SUBSTANCE ABUSE

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www.mcosa.net

Mark A. Hackel
County Executive

To: MCOSA Treatment Providers,
CC: Recovery Home Providers, AMS, MCOSA Advisory Council,
MCOSA Staff
From: Helen Klingert, Assistant Director *HK*
Date: March 14, 2014
RE: MCOSA Treatment Provider Instructions for Recovery Home Referrals

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MCOSA is pleased to announce the start of funded Recovery Home Services for clients enrolled in a MCOSA funded treatment service. The goal of recovery housing services is to provide a supportive recovery environment to help reduce the incidence of drug and alcohol abuse and dependency, prevent relapse, and support individuals in their recovery. See attached list of Recovery Home providers and locations.

The complete policies and procedures related to recovery home eligibility and referral, along with related forms, have been added to the MCOSA Quality Assurance Guidelines. The following outlines recovery home information that clinicians will need to be familiar with to help clients access this service.

I. Eligibility Criteria

Individuals eligible for MCOSA funded recovery home services must meet the following:

- Meets the criteria for MCOSA funding (income, residency, and substance use disorder diagnosis).
- Is actively engaged in MCOSA funded treatment services.
- Is in need of a highly structured and monitored living environment where recovery support is available.
- Has experienced a history of unsuccessful recovery attempts, which have resulted in a return to chronic use.
- Experiences significant negative factors in the areas of family, social, work, or environment that places him/her at-risk for relapse.
- Has completed or does not need medical or sub-acute detoxification or residential treatment.
- Does not present with a severe medical or psychiatric condition that would interfere in his/her ability to function in a supervised supportive living environment.
- Demonstrates active motivation for recovery and a desire to work toward self-sufficiency.



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Once it is determined the individual is eligible for recovery home services, a referral can be made. Please Note: Referrals for Recovery Home Services must be initiated by the treating therapist to the MCOSA Access Management System (AMS) – CARE of Southeastern Michigan. DO NOT HAVE CLIENTS CONTACT THE AMS DIRECTLY, AS THE REFERRAL MUST BE SUBMITTED BY A MCOSA PROVIDER.

II. Provider Initiated Referral Process:

The referral process utilizes the existing Change of Level of Care procedures, with a slight modification. It can be accessed in the CareNet system by selecting the "Change LOC" tab on the left side of the client's CareNet record. A copy of the form and instructions is available in the MCOSA Provider Manual.

In summary, the following procedures apply:

1. The treatment provider will open the "Change of Level Request Form" in the client CareNet Record. Complete all sections of the form, with special emphasis on the following changes:

A. In the Level of Care Information box, "Request Change To" – select 'ambulatory':

Level of Care Information				
CURRENT LEVEL OF TREATMENT	<input type="checkbox"/> Detox	<input type="checkbox"/> ST Residential	<input type="checkbox"/> LT Residential	<input checked="" type="checkbox"/> Ambulatory (IOP/OP)
REQUEST CHANGE TO	<input type="checkbox"/> Detox	<input type="checkbox"/> ST Residential	<input type="checkbox"/> LT Residential	<input checked="" type="checkbox"/> Ambulatory

B. In the Dimension 6 box, select the appropriate ASAM criteria, and provide the rationale for Recovery Home services in the Comments section:

Dimension 6 - Recovery Environment	Low	Moderate	High
<input checked="" type="checkbox"/> Currently living/social environment interfering with treatment due to the presence of drugs or a using partner that recovery goals are unachievable	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
<input type="checkbox"/> Despite ambulatory treatment and/or outside supports, client has been unable to establish sustained abstinence			
<input type="checkbox"/> Experiencing intensification of problems resulting in isolating and withdrawal such that recovery goals are unachievable in a non-residential setting			
<input type="checkbox"/> Experiencing diminished problems in this Dimension sufficient to transfer to a lower level of care			
<input type="checkbox"/> Little or no problems in this area			
Comments Client currently lives with active substance users and lacks family or social support for recovery. Client is in need of structure and support offered by recovery housing.			

- C. Below the last general Comments box, indicate "Requesting Recovery Home Services" and describe the criteria that qualify the client for recovery home services (see I. Eligibility Criteria from page 1):

Comments
Requesting Recovery Home Services. Client is at the Action Stage of Change and requesting Recovery Home Services and is transferring to X Treatment Agency for OP on 4/1/14. Client has a history of 3 residential treatments with his mother who is actively using and poses high relapse potential for client.

Other Examples:

Requesting Recovery Home Services. Up until this point, the client has been living from couch to couch at different friends' houses. All of his friends use drugs and he has no family support. He is in need of a structured living environment where he can develop some stability and a new support system.

Requesting Recovery Home Services. Client has had several residential treatments, which he has completed, but always goes back to live with a drug using partner. Recovery housing would enable the client to try something different, be in a healthy environment once he completes residential, and provide him access to a lot of the recovery supports he does not have in his current living environment.

2. Fax the signed Recovery Home Release (see attached; also available in the MCSOA Provider Manual at www.mcosa.net) to the AMS and enter the date faxed at the end of the Change in Level of Care form:

Change in Treatment, Consent (Multiparty Release) must be sent to CARE to process request.

Fax to CARE at 586-541-2274. Date Faxed to CARE:

3. Click the red button, "File Request" to send the form to the AMS.

4. AMS staff member will review the request and make a recommendation for recovery house placement based on the admission requirements and availability. **NOTE: Recovery Home Placement is based on first come first serve availability. Waiting list will not be established for this service level.**

5. AMS staff will communicate the placement decision to the Treatment Provider as approved, pended or denied, via the Change in Level of Request feature in CareNet. Once approved, the treatment provider must assist client in arranging admission to the approved recovery home.

AMS staff will complete all necessary authorization information for the selected recovery home provider.

MCOSA encourages active communication between Treatment and Recovery Home providers, to enhance positive recovery opportunities for clients served.

If you have any questions regarding recovery home services, please contact MCOSA.