### MACOMB COUNTY COMMUNITY MENTAL HEALTH

## NOTICE OF PRIVACY PRACTICES

#### THIS NOTICE DESCRIBES HOW PERSONAL, MEDICAL, AND DRUG AND ALCOHOL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

**Information About You**. State and Federal laws require MCCMH to maintain the privacy of your Protected Health Information (PHI). PHI is individually identifiable information that MCCMH creates or receives about you when you apply for or receive services. It includes information like contact information, date of birth, Social Security Number, and insurance. It includes information from health care providers, bills for services we provide, and other information about your care.

**Our Commitment to Your Privacy**. We are required to give you this Notice of Privacy Practices. We must follow the privacy practices as described below. The information we gather about you is private. Only people who have both the need and the legal right to do so may see your information. MCCMH is required to notify you if there is an actual or suspected breach of the privacy of your health information. This means that MCCMH is required to notify you if we know or believe that your protected health information has been inappropriately accessed by others, including electronically.

# SUBJECT TO THE LIMITATIONS OF THE MICHIGAN MENTAL HEALTH CODE AND 42 CFR PART 2, MCCMH MAY USE OR DISCLOSE YOUR PROTECTED HEALTH INFORMATION WITHOUT YOUR AUTHORIZATION FOR THESE REASONS:

**Treatment**: MCCMH may use and share your protected health information to provide professional services to you, and to coordinate your health care with other providers.

**Payment**: MCCMH will share your protected health information for the purposes of determining coverage, eligibility, funding, billing, claims management, and medical data processing.

**Health Care Operations**: MCCMH will use and share your protected health information for business operations. For example, MCCMH may use PHI to review quality of care.

**As Required By Law**: We will share information when required by law to do so. Examples include law enforcement or national security purposes; subpoenas or other court orders; communicable disease reporting; disaster relief; a government agency's review of MCCMH activities; or to avert a serious threat to the health or safety of others; and other emergency situations.

**Business Associates**: MCCMH provides some services through its Business Associates. MCCMH will disclose your information to the extent necessary for our Business Associates to perform the requested services. MCCMH's Business Associates are required by law to protect your PHI, just like MCCMH is required to do.

**Public Health Responsibilities**: MCCMH will share PHI to report problems with products or reactions to medications, to comply with product recalls, to report disease/infection exposure, and to prevent and control disease, injury and/or disability.

Abuse, Neglect, Threat to Health or Safety: We may share your PHI with the appropriate authorities if we reasonably believe that you are a possible victim of abuse, neglect, or domestic violence or the possible victim of other crimes. PHI is shared only to the extent necessary to prevent a serious threat to your health or safety, or the health or safety of others.

**With Your Permission**: You can give your permission, in writing, for MCCMH to share your PHI with others, including friends and family members. You have the right to change your mind about these releases of information. If you change your mind about a release, you must notify MCCMH in writing. Information that was already shared with your permission cannot be taken back.

**Exceptions**: For certain kinds of records, including substance use treatment records and psychotherapy notes, your permission may be needed to release your records even for treatment, payment, or health care operations.

### YOUR PRIVACY RIGHTS AS A CONSUMER OF MACOMB COUNTY COMMUNITY MENTAL HEALTH

You have the following additional rights about the privacy of your protected health information:

Access: Upon written request, you have the right to look at and get copies of your PHI (or the PHI of an individual for whom you are a legal guardian.) MCCMH may charge a small fee for copying your records.

**Amendment**: You have the right to amend (change) your PHI located in your health records if you think the information is not accurate or not complete. Your request must be in writing and must include an explanation of why the information should be amended.

**Non-Routine Disclosures**: You have the right to a list of instances in which MCCMH, or its Business Associates, shared your protected health information for reasons *other* than treatment, payment, or health care operations You have the right to receive a list of non-routine disclosures of your PHI that MCCMH has made in the six years before the date of your request.

**Confidential Communications**: You may request, in writing, confidential communications with MCCMH regarding your health information. You may request that we contact you by alternate means or at alternate locations. For example, you may ask MCCMH to send information to your work address instead of your home address, or use your cell phone instead of a home phone.

**Restrictions**: In cases where you paid out of pocket, in full, for the items received or services rendered, you may request restrictions on the use of your PHI to carry out treatment, payment, or health care operations; or to restrict sharing your PHI with a health plan (for the purposes of health care operations). MCCMH is not required to agree to such restrictions.

**Substance Use Treatment and Privacy**: If you are receiving substance use treatment services funded by the Macomb County Office of Substance Abuse (MCOSA), you have other rights related to your privacy. Your alcohol and drug treatment records are protected by Federal law and regulations. For example, MCOSA is required to comply with the confidentiality of Alcohol and Drug Client Information Act (42 CFR Part 2). Generally, this means that information about you cannot be shared with others without your written permission, except as permitted by law.

### **CHANGES TO THIS NOTICE**

MCCMH reserves the right to revise (change) this notice. A revised notice will apply to information already compiled about you and any information received after the change. We are required to abide by whatever notice is currently in effect. Any changes to this notice will be published on the MCCMH website.

**Copies of this Notice**: You have the right to receive additional copies of this notice at any time. Ask for a copy at the site where you receive services. This privacy notice is also available on the MCCMH website at <a href="http://www.mccmh.net">www.mccmh.net</a>.

### HOW TO USE YOUR RIGHTS UNDER THIS NOTICE

For additional information about your privacy rights and records, contact the MCCMH Clinical Records Department at: MCCMH Clinical Records Department 6555 Fifteen Mile Road Sterling Hts., MI 48312 586-466-8717

If you receive services from MCCMH and you want to make a Privacy Rights complaint, contact the Office of Recipient Rights at: MCCMH Office of Recipient Rights 22550 Hall Road Clinton Township, MI 48036 586-469-6528 (V) Michigan Relay Service (TTY Users): 711

You may also have the right to file a complaint with the Federal Government at: Office of Civil Rights, Region V US Department of Health and Human Services 233 North Michigan Ave., Suite 240 312-866-2359 312-353-5693 Email: OCRMail@hhs.gov.

You will not be penalized for filing a complaint or making a request related to your privacy. If you would like help to make a request related to your privacy or to file a complaint, contact the MCCMH Ombudsman at 586-469-7795.

**Interpreter Services Available:** You have the right to an independent interpreter to help you use mental health or substance use treatment services. If you need an interpreter, one will be provided at no charge to you.

Date of this Notice: This notice is effective April 1, 2016, and replaces all prior MCCMH Privacy Notices.

Effective Date: 04/15/2016