

Macomb County Community Mental Health Presents:

# Introduction to Motivational Interviewing

Presented by: **Randall Estes LMSW, CAADC, CCS**

**When:**  
**8:30a-4:30p**  
Choose from  
**ONE of the dates**  
**below:**

**Thursday, 1/28/21**

**Monday, 2/8/21**

**Wednesday, 2/10/21**

**Monday, 2/22/21**

**Monday, 3/1/21**

**Friday, 3/12/21**

**\*Virtual Training\***  
Meeting information will be  
sent close to the training  
date

**REGISTRATION  
REQUIRED**

Email:  
**TrainingOffice  
@mccmh.net**



- Participants will develop a personal working definition of MI
- Participants will understand theoretical foundation and evidenced based support of MI
- Participants will identify professional helping skills that directly correlate with healthy behavior change.
- Participants will experience demonstrations of MI style, spirit, and skill sets.
- Participants will practice MI style, spirit, and skill sets.
- Participants will demonstrate active listening skills.

**MCOSA**  
MACOMB COUNTY OFFICE OF SUBSTANCE ABUSE

