

## Screening, Brief Intervention and Referral to Treatment (SBIRT)

SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders. Primary care centers, hospital emergency rooms, trauma centers, and other community settings provide opportunities for early intervention with at-risk substance users before more severe consequences occur.

- Screening quickly assesses the severity of substance use and identifies the appropriate level of treatment.
- Brief intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.
- Referral to treatment provides those identified as needing more extensive treatment with access to specialty care.

[Overview and Links on SBIRT](#): Training and overview of SBIRT tools.

[Wayne State SBIRT course](#) (2 social work CE's): This course was designed by the Wayne State University SBIRT team - College of Nursing and School of Social Work – who has trained health professionals, faculty, preceptors, and students to become SBIRT service providers and increase access to and availability of care, reduce behavioral health disparities, and promote the use of SBIRT in medically underserved communities in Michigan.

[Wayne State Tools for SBIRT](#): Clinician screening tools and videos

[Universal Prescreen Flow Chart](#): How SBIRT prescreen works. Universal Prescreen  
[http://www.integration.samhsa.gov/clinical-practice/sbirt/SBIRT\\_Flow\\_Chart\\_-\\_Colorado\\_-\\_2-.pdf](http://www.integration.samhsa.gov/clinical-practice/sbirt/SBIRT_Flow_Chart_-_Colorado_-_2-.pdf)

[Guideline/Flowchart for SBIRT](#): Guideline/flowchart for Alcohol and Substance Use Screening, Brief Intervention, Referral to Treatment from Colorado [http://www.integration.samhsa.gov/clinical-practice/Colorado\\_Clinical\\_Guidelines\\_for\\_SBIRT\\_flow\\_chart.pdf](http://www.integration.samhsa.gov/clinical-practice/Colorado_Clinical_Guidelines_for_SBIRT_flow_chart.pdf)

[Itune App for SBIRT](#): This App will help guide the discussion for SBIRT go to Itune/Apple This app is a free SBIRT by James Bray <https://itunes.apple.com/us/app/sbirt/id877624835?mt=8>

### Adolescents

[Screening to Brief Intervention \(S2BI\)](#): This is for adolescents (S2BI) Screening to Brief Intervention

[Brief Screen for Alcohol Tobacco and Drugs \(BSTAD\)](#): This is a three question tool for adolescents.

[CRAFT Handout](#): This tool can be used at physician office or as part of the SBIRT process.

[Alcohol Screening and Brief Intervention for Youth Pocket Guide](#): NIAAA pocket guide for youth. Full Guide available at <http://www.niaaa.nih.gov/YouthGuide>

### Alcohol

[Rethinking Drinking](#) : This research-based guide is for anyone who drinks. How much is too much? Is it time to Think about a change? This tool is easy to use with check lists and ideas that WORK!

[SBIRT AUDIT](#): Alcohol screening questionnaire (10 questions)

[TACE Screen](#): Tolerance, Annoyed, Cut down, Eye-opener - 4 question screen

## **Drugs**

[Opioid Risk Tool](#): This screening tool questionnaire was developed by Lynn R. Webster, MD

[SBIRT DAST](#) : Drug Screening Questionnaire

## **Alcohol and Drugs**

[Physician Positive Alcohol Screen Case](#): Three questions from InSight that will assist before administering a screening tool.

[CAGE-AID Purpose](#): This document explains the purpose & evidence regarding CAGE-AID and why providers should use this document. (alcohol & drugs)

[CAGE-AID form](#): This provides a quick overview and the 4 question document that providers can use. (Alcohol and drugs)

[CAGE-AID scoring](#): This document explains how to score the CAGE-AID screen.

[UNCOPE Scoring Tool](#) : The UNCOPE can be used in a variety of settings and is not intended to be an intake tool. Screen are most appropriate for identifying risk for abuse or dependence. Score of 2 or more indicate any abuse OR dependence. Score of 4 or more indicate dependence

[UNCOPE Plus screening tool](#): This is only a draft to suggest a model and is not intended to represent the scoring or recommendation criteria to be adopted. Those wishing to provide feedback on the UNCOPE-Plus findings are advised to collect data to validate the appropriateness

[UNCOPE screening tool](#): The UNCOPE consists of six questions that may provide a simple and quick means of identifying risk for abuse and dependence for alcohol and other drugs.

## **Marijuana**

[Cannabis Use Disorder Identification Test Score](#): Here is the tool to score the CUDIT-R

[Cannabis Use Disorder Identification Test -Revised](#): This scale is in the public domain and is free to use with appropriate citation: Adamson SJ, Kay-Lambkin FJ, Baker AL, Lewin TJ, Thornton L, Kelly BJ, and Sellman JD. (2010). An Improved Brief Measure of Cannabis Misuse.

## **Pregnancy**

[The 5Ps Prenatal Substance Abuse Screen For Alcohol and Drugs](#): This tool should be used with pregnant women who may use alcohol or drugs. These are non-confrontational questions.

## **Co-Occurring Disorders (Mental Health/Trauma/Substance Use)**

[AC-OK \(Co-Occurring Screening tool\)](#): This 7 page packet describes this 5 minute (15 question) Screen for Co-Occurring Disorders and is a rapid-response screen instrument designed to identify the co-existing disorders of mental health and trauma related mental health issues and substance abuse

