

(was MCCMH Policy 6-03-010)

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Chapter: **CLINICAL PRACTICE**  
Title: **PROFESSIONAL TREATMENT/ MONITORING**

Prior Approval Date: N/A  
Current Approval Date: 10/30/03

Approved by: \_\_\_\_\_  
Executive Director Date

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**I. Abstract**

This policy establishes the standards to ensure consistent monitoring and professional oversight of services provided to Macomb County Community Mental Health (MCCMH) consumers by para-professional employees and independent contractors of its providers.

**II. Application**

This policy shall apply to all directly-operated and contract network providers of the MCCMH Board.

**III. Policy**

It is the policy of the MCCMH Board that, whenever discipline-specific services, as defined in the consumer's Plan of Service are provided by paraprofessional employees or independent contractors, delivery of such services be monitored by an employee or contractor who is credentialed by his/her provider in that specific discipline.

**IV. Definitions**

- A. **Supervising Professional**  
The individual who is named in the consumer's Plan of Service to provide professional treatment monitoring of services.
- B. **Discipline-Specific Service**  
The clinical intervention, associated with achievement of specific goals/objectives in the consumer's Plan of Service, the provision of which normally falls within the scope of practice of an individual having formal education and credentials in a specific professional discipline (e.g., medicine, nursing, occupational therapy, psychology, social work, etc.).
- C. **Paraprofessional Employee**  
The clinical intervention, associated with achievement of specific goals/objectives in the

consumer's Plan of Service, the provision of which normally falls within the scope of practice of an individual having formal education and credentials in a specific professional discipline (e.g., medicine, nursing, occupational therapy, psychology, social work, etc.).

**D. Professional Treatment Monitoring**

Clinical review, and adjustments if necessary, of treatment objectives and strategies performed by relevant professionals for the purposes of aligning the consumer's treatment strategies with the consumer's current needs. It is intended to provide clinical supervision of treatment when a treatment strategy, written by a professional, is carried out by paraprofessionals.

**V. Standards**

- A. Professional treatment monitoring of discipline-specific services must be performed by the supervising professional at the intervals specified in the Plan of Service.
- B. The decision as to the frequency of professional treatment monitoring is based on the following criteria:
  - 1. Complexity of the intervention;
  - 2. Resources devoted to the intervention (equipment and staff time);
  - 3. Projected length of time for the intervention; and
  - 4. Training and supervision needs of the staff assigned to the intervention.
- C. The supervising professional monitors and adjusts the provision of services through clinical record review, observation of and discussion with the consumer(s) and with staff members providing the discipline-specific service.
- D. A summary of progress and description of required adjustments in service interventions are documented in the consumer's clinical record.

**VI. Procedures**

- A. Procedures shall be contained in Provider manuals.

**VII. References / Legal Authority**

- A. MCL 330.1206(1)(b); MSA 14.800(206)(1)(b)

**VIII. Exhibits**

- A. None.