

Category: **CLINICAL PRACTICE**  
Title: **SELF-DETERMINATION**

Prior Approval Date: 11/20/12  
Current Approval Date: 5/19/14

Approved by: \_\_\_\_\_  
Executive Director Date

**I. Abstract**

This policy establishes that Macomb County Community Mental Health (MCCMH) shall use the current Michigan Department of Community Health (MDCH) Self-Determination Policy and Practice Guideline and the current MDCH Fiscal Intermediary Technical Requirement in providing individuals with mental illness and developmental disabilities the option of using arrangements that support Self-Determination, to empower them to control their service budgets and direct their own supports.

**II. Application**

This policy shall apply to directly-operated and contracted network providers of the MCCMH Board.

**III. Policy**

It is the policy of the MCCMH Board to incorporate and support the practice of individual Self-Determination to provide the opportunity for persons to exert direct control over their lives in a manner consistent with the current MDCH Self-Determination Policy and Practice Guideline and Fiscal Intermediary Technical Requirement.

**IV. Definitions**

A. See definitions, MDCH / MCCMH Managed Specialty Supports and Services Contract Attachment P3.4.4, Self-Determination Policy & Practice Guideline, and Fiscal Intermediary Technical Requirement (Exhibit A.)

**V. Standards**

A. MCCMH, fiscal intermediaries, selected providers, and individuals who choose arrangements that support self-determination shall follow the provisions of MDCH Managed Specialty Supports and Services Contract Attachment P3.4.4, Self-Determination Policy & Practice Guideline, and Fiscal Intermediary Technical Requirement (Exhibit A.)

- B. MCCMH shall assure that **full and complete information about self-determination and the manner in which it may be accessed and applied is provided to each person**, including provision of written materials to everyone receiving mental health services. The information provided shall explain the principles of self-determination and the possibilities, models and arrangements involved, and the obligations associated with success, such as found in the sample booklet titled, "*Understanding and Using Self-Determination to Build the Life You want,* A Guide for Consumers, their Families, and their Support Teams."

#### **VI. Procedures**

- A. See Exhibit A.

#### **VII. References / Legal Authority**

- A. MDCH / MCCMH Managed Specialty Supports and Services Contract Attachment P3.4.4, Self-Determination Policy & Practice Guideline and Fiscal Intermediary Technical Requirement
- B. MCL 330.1226(2)(a)(i)

#### **VIII. Exhibits**

- A. MDCH Managed Specialty Supports and Services Contract Attachment P3.4.4, Self-Determination Policy & Practice Guideline and Fiscal Intermediary Technical Requirement