

22550 Hall Road
Clinton Township, MI 48036
Phone: (586) 469-5275
Fax: (586) 469-7674
www.mccmh.net

News

Macomb County Executive
Mark A. Hackel



Community Mental Health Services

For Immediate Release

Media Contact: [Kevin Sadaj](mailto:Kevin.Sadaj@mccmh.net), 248-417-0545; kevin.sadaj@mccmh.net

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Grants Allow Agency to Enhance Mental Health Care Services

Macomb County Community Mental Health (MCCMH) has received several grants from the Michigan Department of Health and Human Services (MDHHS) which will allow it to enhance mental health services in Macomb County.

The grants from MDHHS's Behavioral Health and Developmental Disabilities Administration total \$360,000 and will be used for integrated health care projects, technology to enhance mental health services, and funds to augment services at its two drop-in centers.

“The three grants allow us to expand our services and will provide quality programs, which will enable our persons served to better participate in treatment and integrate into the communities they live in,” said Denise Arbaugh, director of Clinical Strategy Improvement at MCCMH.

A grant of \$175,000 was awarded for Integrated Health Care Projects. It will allow for the development of custom tools for health care reporting and the measurement of healthcare effectiveness data. The grant also allows for innovative wellness projects which impact the persons served through MCCMH.

A technology grant of \$175,000 will be used to develop smart phone technology such as creating appointment reminders, which is important for people so they don't miss their psychiatric appointments, as well as targeting specific demographic groups for services, translations, and the integration of a substance abuse disorder treatment smartphone app.

A grant of \$10,000 will be used for programs at MCCMH's drop-in centers to increase healthy socialization such as cooking classes, yoga and a hair cutting service.

“Participants have the opportunity to get a haircut or a shave through the hygiene-related program. Others may choose to participate in a fitness activity such as yoga. Participation has a positive effect on their self-esteem,” said Arbaugh.

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Macomb County Community Mental Health is the public provider of mental health, substance use and developmental disability treatment services in Macomb County. MCCMH programs and services are supported and funded, in part, by the Michigan Department of Community Health and the Macomb County Board of Commissioners and are administered by the Macomb County Community Mental Health Board. Visit <http://www.mccmh.net/> online for more information or check them out on Facebook.

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